

Current Sleep Medicine Fellows



Elizabeth Sanchez, MD

Dr. Sanchez grew up in Port St. Lucie, Florida and received her medical degree from the Universidad Nacional de Colombia Facultad de Medicina. She completed her internal medicine residency at New York Presbyterian Hospital/Weill Cornell, followed by a fellowship in pulmonary and critical care medicine at NYU Grossman School of Medicine.

Currently a sleep medicine fellow, Dr. Sanchez has a strong clinical interest in sleep apnea and the lung microbiome. At the NYU Grossman School of Medicine, she values the fellowship's broad clinical exposure and the opportunity to care for a diverse patient population.

Outside of medicine, Dr. Sanchez enjoys the vibrant cultural diversity and world-class food scene of NYC. In her free time, she loves reading, baking, and spending time with her dog.



Kevin Shayani, MD

Dr. Shayani was born and raised in Long Island, New York, and has been a lifelong New Yorker. He received his medical degree from New York Medical College in Westchester, NY. He completed his internal medicine residency at Lenox Hill Hospital in New York City. He also completed his pulmonary and critical care fellowship at Lenox Hill Hospital and served as Chief Fellow his last year.

Dr. Shayani has a strong interest in medical education and research. During his internal medicine residency and pulmonary and critical care fellowship, he oversaw hands-on ultrasound training for medical students and house staff and was deeply involved in curriculum development. He has a broad range of research interests, including pleural diseases and novel utilization of ultrasound for the diagnosis of a variety of pathologies. He has presented his research at many national conferences, including CHEST and ATS.

Outside of work, he is an avid runner and tennis player. He has completed several half marathons and hopes to complete his first full marathon soon! He is also a passionate cook and enjoys live music, particularly jazz.



Past Fellows

2024

Kanza Zahid, MBBS

Current Institution: Centra Lynchburg General Hospital, Lynchburg, Virginia

Rudra Ramanathan, MBBS

Current Institution: MultiCare Yakima Memorial Hospital, Yakima, Washington

2023

Nupur Dandawate, MD, MBBS

Current Institution: Salem Hospital - Mass General Brigham, Salem, Massachusetts

2022

Alok Bhatt, MD

Current Institution: WVU Medicine Uniontown Hospital, Uniontown, Pennsylvania

2021

Sunil Nair, MD

Current Institution: Abington Pulmonary and Critical Care Associates, Abington, Pennsylvania

2020

Jessica Riggs, MD

Current Institution: Virginia Heart, Leesburg, Virginia

2019

Kathleen Doo, MD

Current Institution: Kaiser Permanente - East Bay Pulmonary, Oakland, California

2018

Yefim Cavalier, DO

Current Institution: Private Practice, Boca Raton, Florida