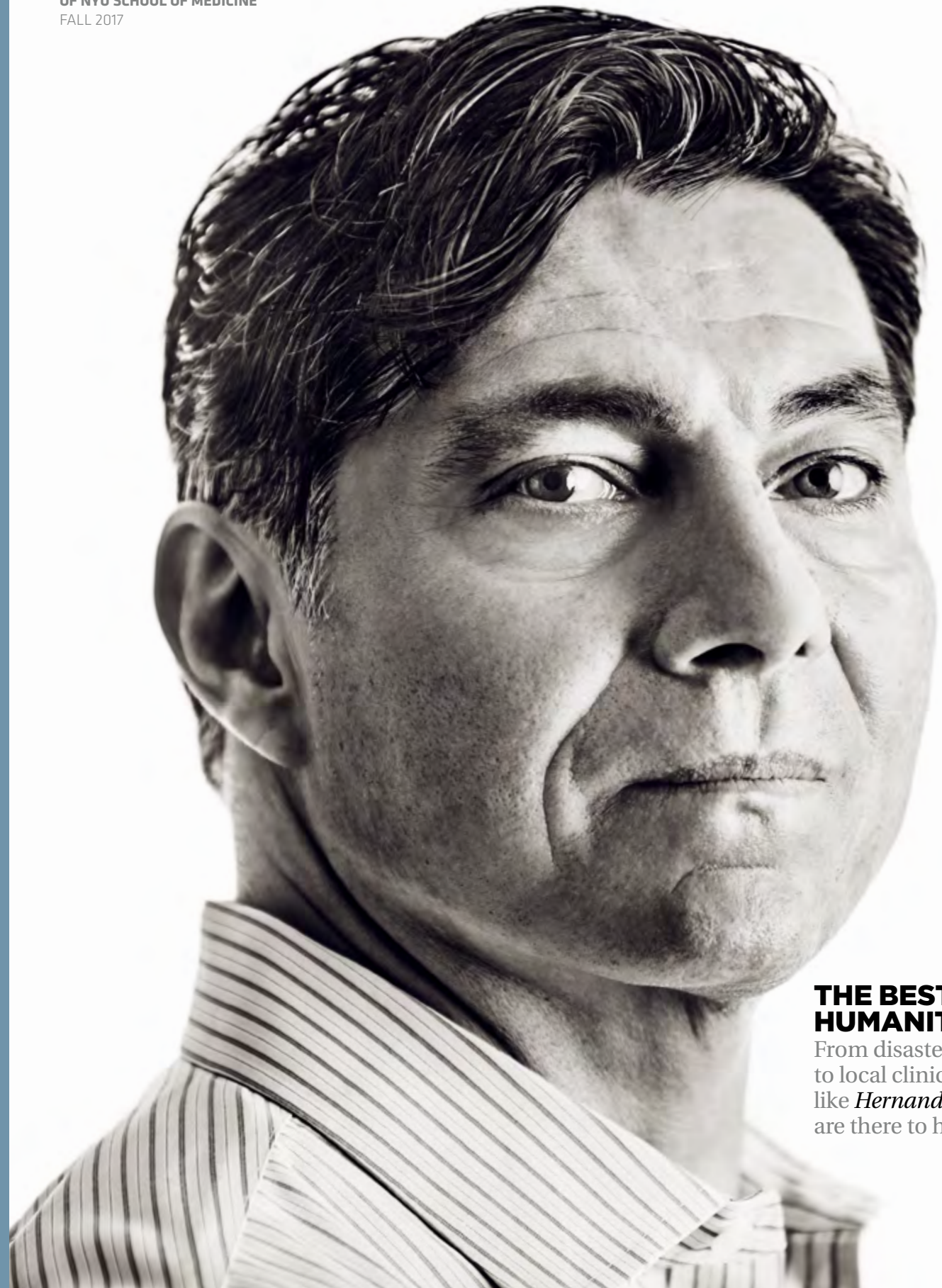


GRAPEVINE

THE ALUMNI MAGAZINE
OF NYU SCHOOL OF MEDICINE
FALL 2017



THE BEST OF HUMANITY

From disaster zones to local clinics, doctors like *Hernando Garzon '88* are there to help.

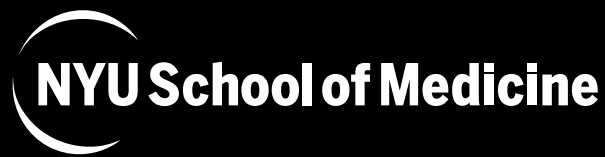
GRAPEVINE

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THE BEST OF HUMANITY

From disaster zones to local clinics, doctors like *Elizabeth Lutas '76* are there to help.



SUPPORT OUR STUDENTS AND CREATE YOUR OWN LEGACY.

Your gift of \$30,000 (payable over up to three years) will be acknowledged with a named dorm room in Vilcek Hall. Planned gifts may qualify as well. One hundred percent of your contribution will support scholarships for NYU School of Medicine students.

LEARN MORE: Visit nyulangone.org/give/vilcek-hall-campaign, or contact Diana Robertson at 212-404-3510 or diana.robertson@nyumc.org.



What Sets Us Apart



Even after a decade of tremendous progress, the momentum at NYU Langone Health continues to grow. As the following accolades and statistics make clear, our mission to serve, teach, and discover remains steadfast and strong.

Our innovative approach to medical training continues to attract the most talented aspiring doctors, and our matriculating students rate among the elite in GPA and MCAT scores. In fact, NYU School of Medicine has rocketed in the rankings from #34 to #12 according to the *U.S. News & World Report* list of “Best Graduate Schools” for research.

Recent gifts will grow our scholarship endowment to more than \$200 million in support of medical students. In the 2016–17 academic year, 35 students received full scholarships financed completely by philanthropy.

In the past nine years our research portfolio has grown dramatically, with total grant revenue increasing 84%. Our upward trajectory is all the more remarkable in an environment of unpredictable federal funding.

Our clinical enterprise has expanded to encompass more than 200 locations throughout the New York metropolitan area, headlined by new partnerships with NYU Langone Hospital–Brooklyn in Sunset Park and NYU Winthrop Hospital on Long Island.

As we expand our network, we continue to enhance our facilities. The 7 million-square-foot transformation of our main campus is nearly complete, and we have just launched a \$700 million investment in NYU Langone Hospital–Brooklyn.

Of course, these numbers tell only part of the story. The less heralded engine of our success—and the critical if unquantifiable reason the best still lies ahead—is the unique blend of values, talent, and dynamism that generations of students, faculty, and staff have instilled here.

Today, we celebrate and reward the boldest ideas in medicine, offering a climate of possibility that draws physicians and scientists who are eager to push the boundaries of innovation. And we remain as committed as ever to serving as stewards of our city, advancing an array of neighborhood-based initiatives that leverage healthcare’s potential to strengthen entire communities.

In this issue of *Grapevine*, we focus on our institution’s pioneering humanitarian spirit and shine a light on some of the alumni who have carried it forward through their work. Individuals like Elizabeth Lutas ’76 and Hernando Garzon ’88 (*see page 10*) embody the spirit and culture that our School and institution hold dear. We are delighted to share their stories with you, and I am sure you will find them as inspiring as I do.

ROBERT I. GROSSMAN, MD
THE SAUL J. FARBER DEAN AND CEO

**“WE REMAIN
AS COMMITTED
AS EVER TO
SERVING AS
STEWARDS
OF OUR CITY.”**

GRAPEVINE

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Hernando Garzon '88 and Elizabeth Lutas '76 share why they've dedicated their careers to caring for patients in dire circumstances.



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THE ALUMNI MAGAZINE OF NYU SCHOOL OF MEDICINE

FALL 2017

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med.nyu.edu/alumni

*NYU Langone Health comprises
NYU Langone Hospitals and NYU
School of Medicine.*

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We produced two different covers for this issue, with photography by Aaron Kotowski Photography, LLC. To see both images, please visit med.nyu.edu/alumni.

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ACHIEVEMENTS



2017 Match Day

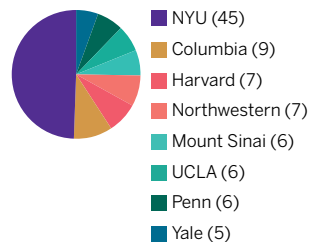
More than 75 percent of graduates land at the top 25 residency programs

IN MARCH, NYU School of Medicine students tore open envelopes to discover where they had matched for residency programs.

“This was a very strong match year,” said Linda Tewksbury, MD, associate dean for student affairs, noting that more than 75 percent of the class of 2017 matched at programs affiliated with the top 25 medical schools* in the United States. More than 52 percent of the graduating class will stay in the Big Apple, with 45 new doctors doing their residencies at NYU Langone, including the 19 Three-Year Accelerated MD Pathway graduates.

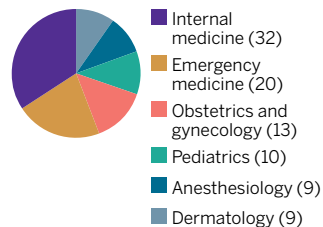
*Based on categorical specialty programs only—*U.S. News & World Report*

MOST MATCHED PROGRAMS*



Gabe Campion '17 shows off his match letter

MOST POPULAR SPECIALTIES*



*Out of 162 placements



Class of 2017 taking the Hippocratic Oath

A Recap of the 2017 Graduation Ceremony

NYU School of Medicine applauds 166 new doctors

IN MAY, during the graduation ceremony in Alice Tully Hall at Lincoln Center, NYU School of Medicine recognized the accomplishments of 166 graduates as they received their doctor of medicine degrees. The class included 19 students from the Three-Year Accelerated MD Pathway program and 31 students who received dual degrees: six MD/MS degrees; one MD/MPH degree; 15 MD/MBA degrees; and nine MD/PhD degrees through the Sackler Institute of Graduate Biomedical Sciences. Seven degrees were conferred with honors, and 30 members of the class were inducted into *Alpha Omega Alpha*, the national medical

honor society (*see page 5*). Seven students graduated as *Silverstein Scholars*, recipients of a scholarship fund created by Larry A. and Klara Silverstein that provides full tuition and room and board for selected students largely based on academic merit, though financial need is also considered.

In his keynote address, Mr. Silverstein, chairman of Silverstein Properties, Inc., and a member of the NYU Langone Health Board of Trustees, said to graduates: “We can’t thank you enough for the sacrifices you have made and will continue to make in order to better humanity. You are going to

save lives, discover amazing medical breakthroughs and cures, and win Nobel Prizes along the way. You will help shape the future of medicine and we all salute you on a remarkable achievement.”

Robert I. Grossman, MD, the Saul J. Farber dean and CEO of NYU Langone, also addressed the class of 2017, reminding graduates to have courage during their careers.

“What really has the potential to change the world,” he said, “is everyday courage—the quiet commitment to do what’s right, no matter how tough it is to do so. Don’t be afraid to criticize attendings who fail to wash their hands before seeing a patient. Be

HONORS

willing to denounce fudging of data. Stand up when someone is disrespectful. Provide the necessary negative feedback to a medical student who's done an inadequate workup. Never—and I do mean never—compromise your ethics or integrity. Always put the patient first and treat those under your care as you would like to be treated.”

Alejandro Torres '17, the class president, expressed his gratitude for all the people who had supported him and his fellow graduates, and he stressed the importance of community.

“I believe what makes a doctor,” he said, “is the willingness to put the needs of others before our own, to make the lives of those around us better—in short, to be active in the world around us, whether that's through research, service, academics, or even simply being a good friend or colleague.”

The graduation ceremony concluded with a meaningful tradition for newly minted medical doctors: Dr. Grossman administered the Hippocratic Oath, and graduates filed out to celebrate with their classmates, mentors, and loved ones before embarking on the next phase of their careers.



Class of 2017 AOA Members

Alpha Omega Alpha Welcomes New Members

ON MARCH 7, NYU School of Medicine hosted the 95th *Alpha Omega Alpha* (AOA) installation dinner at the Water Club in New York City. During the event, 30 outstanding NYU School of Medicine graduates in the top third of their class—as well as alumni member Hernando Garzon '88 (*see page 10*) and faculty members Mark R. Philips, MD, and Adina Kalet, MD, PhD—were inducted into the AOA national medical honor society for their commitment to excellence in the medical profession.

Class of 2017 AOA Members

Lavinia Anzai
Elizabeth Bakacs
Natali Baner
James Barger
Jennifer Barger
Zoe Birnbaum
Adam Blaisdell
Kelsey Campbell
Gabriel Campion
Alyssa Coffin
Elissa Driggin
Arielle Elmaleh-Sachs
Jonathan Glatt
Alexander Goldowsky
Andrew Hallett

Shehzeen Kamil
Scott Kobner
Jessica Lewis
Dennis London
Nigel Madden
Patrick Malecha
Jonathan Massie
Michael Moses
Christianne Persenaire
Kelsey Pinson
Gregory Rubinfeld
Rivfka Shenoy
Toby Terwilliger
Benjamin Wadowski
James Williams

COMMUNITY

NYU President's Service Award Winners

IN APRIL, the Student Diversity Initiative and its former student co-presidents Marcus Hines, MD/PhD candidate, and Courtney Toombs '17 received the 2017 NYU President's Service Award, both as an organization and as individuals. This honor recognizes the distinguished achievements of undergraduate, graduate, and professional students and student organizations for their commitment to civic engagement and service in local communities across NYU's global network.

Left to right: Courtney Toombs '17; Andrew D. Hamilton, MSc, PhD, president of New York University; and Marcus Hines, MD/PhD candidate





Joseph E. Ravenell, MD

New Associate Dean for Diversity Affairs

JOSEPH E. RAVENELL, MD, associate professor of population health and medicine at NYU School of Medicine, was recently named associate dean for diversity affairs. Previously, he served as the office's director of mentoring programs as well as its interim associate dean. Now, he will lead NYU School of Medicine's collaborative efforts to further develop a diverse and inclusive environment for students,

house staff, and faculty.

"I'm thrilled to be leading our efforts to further integrate diversity and inclusion here at the School of Medicine," Dr. Ravenell said. "We've made great progress, but there is even more we can be doing to foster a diverse and inclusive environment throughout our educational programs and clinical settings."

Through research, clinical care, and training, Dr. Ravenell

continually cultivates a multi-level approach to improving the health of populations affected by cardiovascular disease and cancer. In addition to his responsibilities within the Office of Diversity Affairs, Dr. Ravenell practices as a board-certified internist and researcher, who has led multiple NIH-funded research projects to improve cardiovascular disease and cancer prevention in diverse populations.

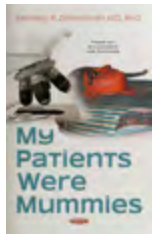
OPPORTUNITIES

Volunteers Needed: Help Our Students Travel (HOST) Program

WE ARE ACTIVELY looking for alumni to host students traveling for their residency interviews between October and January. To help ease the financial burden and stress of the interview process, alumni hosts will provide housing and an insider's view of their own medical specialty, of the profession in general, and of their city of residence and its resources. The recently relaunched HOST program provides a wonderful opportunity to build connections between students and alumni that can last a lifetime.

To volunteer, visit bit.ly/volunteerhost, or contact us at alumnirelations@nyumc.org or 212-263-5390.





My Patients Were Mummies (Nova Science Publishers Inc., 2017), by **Michael R. Zimmerman '63, PhD**, an anthropologist and retired pathologist, follows the many adventures of an author whose career took him to exotic parts of the world, and who has contributed to our understanding of the role that the evolution of diseases has played in human biological and cultural history.

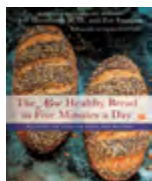


The Art of Jewish Pastoral Counseling (Routledge, 2016), by psychiatrist and psychoanalyst **Michelle E. Friedman '78** with Rachel Yehuda, PhD, is a practical guide to working with congregants in a range of settings and faiths. Dr. Friedman serves as the director of the pastoral counseling program at the YCT Rabbinical School and is an associate professor of clinical psychiatry at Icahn School of Medicine at Mount Sinai in New York City.



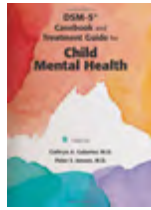
In **Think Away Your Pain: Your Brain Is the Solution to Your Chronic Pain** (Mind-Body Medicine Publications, 2014), **David**

L. Schechter '84 discusses how to relieve suffering and eliminate chronic pain. His approach is based on his 30 years of clinical and research experience, as well as his work with the late John E. Sarno, MD, professor in the Department of Rehabilitation Medicine.



The New Healthy Bread in Five Minutes a Day (Thomas Dunne Books, updated in 2016) provides 33

quick and easy recipes for nutritious whole-grain artisan bread. This is the sixth cookbook by **Jeff K. Hertzberg '87**, medical director for informatics and data science at Optum in Minneapolis and head of his own consulting practice, Medformatics, Inc.



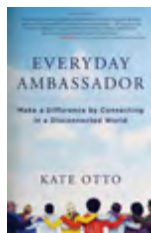
The DSM-5(R) Casebook and Treatment Guide for Child Mental Health (American Psychiatric Association Publishing, 2016), by **Cathryn A. Galanter '96**, offers trainees and clinicians who provide mental health services to children and adolescents a concise but conceptually and clinically rich guide to the types of disorders commonly found in practice.



In **Sanya Sahni and the First Grade** (Mindstir Media, 2017), by **Soma J. Mandal '97, BA (WSC '93)**, a little girl who was born in the United States to Indian immigrant parents feels different from everyone around her—until she discovers her own identity and learns to appreciate who she is. This inspiring picture book is based on the author's own childhood experience. Dr. Mandal now works as an internist in New Jersey, where she lives with her family.



A Beautiful Poison (Lake Union Publishing, 2017), by **Lydia Y. Kang '98**, tells the riveting mystery of a young New York socialite in 1918, who questions whether the deaths of her closest friends are actually due to the deadly Spanish influenza spreading through the city. Dr. Kang, who lives with her husband and children in Omaha, says her inspiration for the book began during her residency at Bellevue.



In **Everyday Ambassador: Make a Difference by Connecting in a Disconnected World** (Atria Books/Beyond Words, 2015),

Kate Otto Chebly '17 discusses how technology can limit our ability to interact thoughtfully with each other. Dr. Chebly, now a resident at NYU School of Medicine, previously worked in global health and founded the Everyday Ambassador network for young individuals who are studying or working abroad.

Class of 2021



7,659

applications

119

students

50%

women

21%

underrepresented minorities

3.93

median GPA

99%

median MCAT percentile



Alumni had a great time reconnecting at our annual reunion weekend in April 2017. Special thanks to the class of 1992 (top center), chaired by Michael C. Schwartz '92 and Andrew S. Dunn '92, and the class of 1967 (bottom right), chaired by Ruth P. Cohen '67, which each pledged to raise \$100,000 to establish a named endowed scholarship fund in honor of their 25th and 50th anniversaries.

Alumni Reunion Weekend

In April, more than 400 alumni, students, faculty, and friends came together to celebrate NYU School of Medicine's legacy of excellence in New York City.

THE WEEKEND gave alumni an opportunity to reconnect with one another, to reminisce about their days as students, and to learn how their fellow alumni are leaving a personal mark in research, on education, and in patient care. In addition to attending the annual ball with dinner and dancing at the Ritz-Carlton in Battery Park, attendees had the chance to tour the ever-growing campus and meet current medical students.

"The work of alumni like you contributes to the larger story of medicine," said Anthony J. Grieco '63, associate dean for alumni affairs. Four alumni who have had a significant hand in writing the medical profession's most recent chapters were honored with Alumni Achievement Awards.

The winners were Michael A. Postow '07 (Julia Zelmanovich Young Alumni Award); Joyce Fingerth '77 (Solomon A. Berson Award



in Basic Science); Nicholas Restifo '87 (Solomon A. Berson Award in Clinical and Translational Science); and Alan Rubin '66 (Solomon A. Berson Award in Health Science, Medicine, and the Arts). Lori Fink, NYU Langone trustee and chair of the Perlmutter Cancer Center Advisory Board, was also commemorated as an honorary alumna in recognition of her more than three decades of philanthropic leadership.

Dr. Grieco shared his deep appreciation for everyone who

contributed philanthropically at this event, and extended special thanks to the class chairs and committees of 1967, 1987, 1992, 1997, 2002, 2007, and 2012 for spearheading class gifts. In honor of the celebratory weekend, alumni from these classes committed more than \$375,000 to support scholarships.

*Save the date for the next alumni reunion weekend!
April 27–28, 2018*

*Questions?
alumnireunion@nyumc.org*

BY THE NUMBERS

We Asked,
You Answered

97%

of respondents to the 2017 alumni survey said they would recommend NYU School of Medicine to a potential student.



THE BEST *of Humanity*

Photo: Aaron Kotowski Photography, LLC

On opposite coasts of the United States, two physicians share why they've dedicated their careers to caring for patients in dire circumstances—from disaster victims across the globe to the uninsured in local clinics.



HERNANDO GARZON '88
Director of Emergency
Management
and Global Health,
Kaiser Permanente

ELIZABETH LUTAS '76, BA (WSC '72)
Cardiologist and Internist,
Brightpoint Health

THE BEST
of Humanity

WHEN HERNANDO GARZON '88 volunteered for his first disaster response deployment, he had been working as a physician for only a few years. Since then, he has dedicated his career to helping people in crisis and to saving lives around the world.

"I think it changed me," he recalls of his experience during the aftermath of the Oklahoma City bombing in 1995. "It was hard to see the collapsed buildings up close, and to be pulling dead people out of the rubble. But it was also inspiring to see the way people came together to help overcome adversity. I knew pretty quickly that it was something I'd want to be involved with on a greater scale."

Today, as director of emergency management and director of the global health program for Kaiser Permanente—a non-profit prepaid health system in northern

California, incorporating 21 hospitals and more than 9,000 physicians—Dr. Garzon is responsible for the emergency and disaster response capabilities of one of the largest healthcare providers in the United States.

He also serves as Sacramento County's EMS medical director.

"What centers me," he says, "is a belief that everything I do should emanate from compas-

sion. Whenever I'm thinking about what's the right thing to do or say, I try to consider what would be the most compassionate thing."

Born in Colombia, Dr. Garzon moved to New York City with his family when he was four years old. He grew up in Richmond Hill, Queens, excelling in science and wanting to be a doctor for as long as he can remember. He received his bachelor's degree in chemistry from Williams College before attending NYU School of Medicine.

"NYU felt like the perfect place for me," he says. "I think it places a demand on students to give their best, and to be the best physicians they can be. I felt tremendous support from my fellow students and the faculty. I made great lifelong friends. And I'll always be grateful for the international experience I received during a six-week rotation in New Delhi when I was a fourth-year medical student."

After graduating from NYU School of Medicine and completing his emergency medicine residency at Long Island Jewish Medical Center, Dr. Garzon started his

clinical practice at Kaiser Permanente in California. During his 25 years there, he has expanded his role in various ways, developing volunteer-based clinical programs in countries including Cambodia, Colombia, Ecuador, Guatemala, Kenya, Tanzania, Vietnam, and Zambia. One of Kaiser Permanente's newest clinical programs is at a hospital in Dharamsala, India, that provides care to Tibetan refugees. On average, Dr. Garzon's work allows at least 80 medical and surgical residents and staff physicians from Kaiser Permanente to complete global health rotations annually in more than 10 programs across three continents.

In addition to his work with Kaiser Permanente, Dr. Garzon has volunteered in more than 30 disaster response deployments. An active participant and former board member with Relief International, he provided medical services in New York City after the 9/11 terrorist attacks, New Orleans during Hurricane Katrina, Sri Lanka after the Indian Ocean earthquake and tsunami, Pakistan after the Kashmir earthquake, Kenya and Nigeria during periods of civil unrest, Haiti after the earthquake, Somalia during the famine, and West Africa during the Ebola outbreak.

"Unlike capacity-building programs, emergency relief work isn't about creating long-term, sustainable solutions; it's more like putting out fires," Dr. Garzon says. "But for me, responding to disasters is a reminder of why I went into medicine to begin with: to have that satisfaction of directly treating patients and making a difference in someone's life. It's remarkable to see other people at their best in terms of responding, not just the healthcare workers coming in, but also the people who are affected. Even in the most devastating settings, you see the best of the human spirit."

When not overseas, Dr. Garzon splits his time between New York City and California, where his three children (all in their 20s) have returned to live. Over the past 10 years, his work has shifted away from doing disaster relief himself to creating opportunities for others to do so. He has served on national and California state panels working to define guidelines for crisis medical care and for pandemic flu care. He has been a medical consultant and teacher for the U.S. Department of State and teaches frequently on disaster medical care and humanitarian medical response. For his many accomplishments and dedication to service, Dr. Garzon was recently inducted into the national medical honor society, *Alpha Omega Alpha* (see page 5).



"Even in the most devastating settings, you see the best of the human spirit."



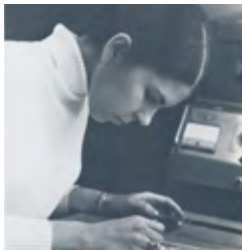
Photos courtesy of Hernando Garzon

Clockwise:
DR. GARZON IN HAITI AFTER THE EARTHQUAKE, JANUARY 2010; IN PAKISTAN AFTER THE EARTHQUAKE, NOVEMBER 2005; IN KENYA AFTER THE POST-ELECTION VIOLENCE, JANUARY 2008; AND IN PERU AFTER THE EARTHQUAKE, AUGUST 2007

Opposite page:
OKLAHOMA CITY, APRIL 1995

“My focus now,” he says, “is maintaining and assessing Kaiser Permanente’s affiliations around the world, and simplifying the logistics so that more physicians can volunteer in global health work. Looking ahead, I want to help other people make a difference on the ground.”

ELIZABETH LUTAS '76, BA (WSC '72) speaks softly and tenderly, but the impact of her work is extraordinary. She has spent the majority of her career—33 years, to be precise—treating homeless and poor patients, many of who have had AIDS, in New York City. As part of the community medicine department at St. Vincent’s Hospital, managing a clinic and working directly in shelters



throughout the city, she was at the forefront of caring for people with HIV and AIDS in the early days of the epidemic.

“The homeless and the poor,” Dr. Lutas observes, “have had very difficult lives—but not just because of not having a home or enough food to eat. The biggest problem is they haven’t had love in their life. I try to take my time with

each person I see. I try to instill in each of them that they’re worth something and that they’re human beings with dignity before God. I want them to know that I love them.”

After St. Vincent’s closed, Dr. Lutas spent four years at the Norwalk Community Health Center, working with mostly undocumented immigrants. She then joined Brightpoint Health in the Bronx, where she continues to see about 20 patients each day. Many are homeless. In recognition of her long commitment to caring for the homeless and the poor in New York City, Catholic Charities Brooklyn and Queens has honored Dr. Lutas twice in less than five years. She received the prestigious *Ubi Caritas Award* in June 2017, and a Catholic Charities facility in Brooklyn was renamed for her in January 2014: The Dr. Elizabeth Lutas Center (previously known as the Homebase Homelessness Prevention Center) helps families and individuals at risk of becoming homeless.

“I never wanted to just take care of people physically,” she says. “That part is easy. You read a book. The hard part is making sure your patients know that someone cares about them. I’ve always felt you have to take care of a person physically, mentally, emotionally, and spiritually. NYU

taught me all the science I needed and, just as importantly, it taught me the patient is your focus.”

A lifelong New Yorker, Dr. Lutas lived on the Lower East Side until she was six years old and then moved to a house in Sunnyside, Queens, where she continues to live today. She went to NYU for her undergraduate degree as well as for medical school, her residency, and her fellowship. After that, she did an additional yearlong cardiology fellowship at Weill Cornell Medical Center, where she was hired as an attending physician and associate professor.

“I always wanted to work in medicine,” she says, “and I chose NYU because of Bellevue—I knew I wanted to take care of the poor. I also wanted to stay in New York to be close to my aging parents, who were always so loving and supportive of me.”

Dr. Lutas’s mother died just two weeks before she graduated from college; her father suffered a massive stroke and a heart attack soon after she finished her fellowship. To care for him, Dr. Lutas left her job at Weill Cornell and personally provided hospice care for him at home for three years until he passed away. She started working at St. Vincent’s after his death.

“My advice for doctors starting out in their careers,” Dr. Lutas says, “is simply this: Be ready. You don’t know what’s going to come. I didn’t know when I woke up on 9/11 that I’d be at a disaster site, but I left the clinic where I was working and went to oversee the initial triage center. I didn’t know when I went to NYU School of Medicine that there would be a homeless problem. But I used to say to our chairman at St. Vincent’s, ‘I think God made you create this department so that I could be happy, because I couldn’t have asked for anything better to do in my life.’ I’ve always felt a tremendous amount of love from my patients. They’re my family.”

Today, Dr. Lutas continues to work full-time. Her morning routine starts with church, from which she heads to her office, taking three subways to get there by 9:30 am. After she reviews lab reports and takes care of administrative work, she starts seeing patients.

“It’s nonstop,” she says. “I might get some coffee in the middle of the day, while I’m writing my notes, but that’s about it. I don’t take breaks. I just focus on the person in front of me, one at a time. It’s hard work, and it can be exhausting, but I have so much support—from my faith, my family, and my wonderful friends. My belief is that we all have gifts from God and this work is mine. I just try to do my best and do it with love.”

“NYU taught me all the science I needed and, just as importantly, it taught me the patient is your focus.”

Above:
YEARBOOK PHOTO OF
DR. LUTAS

Opposite page:
DR. LUTAS AT THE
CHURCH OF SAINT TERESA IN
WOODSIDE, NEW YORK



Photo: Joshua Bright

THE NEXT GENERATION: Students Give Back



Photo courtesy of Monica Chan

At NYU School of Medicine,
even first-year medical students
have opportunities to work with
underserved populations.

MONICA CHAN '18 (CENTER)
IN INDIA, SUMMER 2015



THE NEXT GENERATION: Students Give Back

NYU SCHOOL OF MEDICINE'S GLOBAL HEALTH INITIATIVES, managed by director Mary Ann Hopkins, MD, MPhil, and program manager Elizabeth Robinson, MPH, MA, gives medical students an introduction to clinical practice, research, and collaboration through a variety of learning opportunities overseas. By working with clinicians and patients in medical systems outside the United States, students gain exposure that enhances their cultural competence—an asset in any career path they might choose. Studying and working abroad also shows students what the practice of medicine looks like in different health systems and among diverse cultures.

Students can receive funding for the summer between their first and second years of medical school to spend six to eight weeks conducting independent, scholarly research abroad.

Students in their third or fourth years can also pursue a clinical rotation or research project for academic credit. Previous projects have taken students to a wide variety of destinations in Africa, Asia, Europe, and Latin America. Since 2002, when the Global Health Initiatives began, more than 400 medical students have participated in international projects, and many have presented their research at national conferences.

CLOSER TO CAMPUS, the New York City Free Clinic (NYCFC)—founded, managed, and staffed largely by NYU School of Medicine student volunteers, in collaboration with the Institute for Family Health—provides comprehensive, high-quality healthcare to any uninsured people 18 and older, regardless of socioeconomic or health

status. At no cost to patients, the clinic in Union Square offers a full range of health-care services, including counseling, patient education, social services, screening and registration for public health insurance, and even specialty referrals to Bellevue Hospital Center.

Destination:
NEW YORK CITY

Objective:
TO PROVIDE CARE FOR A DIVERSE PATIENT POPULATION

“When I’m working with patients at the NYC Free Clinic on a Saturday, I know what I’m doing matters. When you’re in the weeds of your first and second years, it really reminds you why you’re doing all this. It has been the most pivotal experience in medical school so far.”

William Plowe '20

Given that one in eight New Yorkers lacks health insurance, first- and second-year student volunteers at NYCFC play a critical role in providing care such as blood draws and intake interviews for people who would not otherwise have access to affordable medical care. Third- and fourth-year students take an increasingly active role in treatment, leading the clinical teams under the supervision of NYU faculty members and attending physicians from the Institute for Family Health, which also donates clinical space and medical supplies. NYU School of Medicine donates all administrative services and office supplies, as well as basic radiology services and a range of laboratory services including blood tests, urinalyses, Pap smears, and tests for sexually transmitted infection.

“My parents are immigrants from Venezuela,” says student co-director Christina Boada '20, “and I always wanted to work with minority or marginalized populations. The NYC Free Clinic has been a wonderful way for me to get started.”

NYCFC is open every Saturday from 9 am to 6 pm and sees an average of 40 patients during that time. On an annual basis, the clinic treats more than 700 patients.

LEARN MORE ABOUT NYCFC
nycfreeclinic.med.nyu.edu

LEARN MORE ABOUT THE GLOBAL HEALTH INITIATIVES
nyulmc.org/globalhealthinitiatives

CHECK OUT OUR GLOBAL HEALTH LECTURES

A monthly lecture series brings global health experts to the NYU School of Medicine community. Speakers discuss current issues and hot topics in global health, awareness of the relevance of intercultural communication skills across medicine, and different ways of providing and supporting high-quality medical care with varying levels of resources. Continuing medical education credit is offered for faculty, staff, and alumni in attendance at these lectures.

If you'd like to see a particular topic discussed in a lecture, or if you'd like to share your own work, please contact the program manager, Elizabeth Robinson, MPH, MA, at elizabeth.robinson@nyumc.org.

Destination:
ZAMBIA

Objective:
TO RESEARCH ACUTE CARE AND SURGICAL TRAINING CAPACITY

“In a country of about 15 million citizens, there are fewer than 100 surgeons—which means significant morbidity and mortality due to lack of access to surgical care. It makes calling a consult feel like a luxury. I was most impressed with what the surgeons here call ‘improvisation,’ which really captures the spirit of making things work despite a significant lack of resources. One time they didn’t have enough sterile cloths for hand drying after scrubbing so they used the wrapper of the sterile gloves. The doctors here build up a broad range of knowledge because patients need care even when there isn’t a specialist around, as is often the case.”

David Wang '18, working with Darren Sultan '18



Destination:
SOUTH AFRICA
Objective:
TO STUDY PEDIATRIC HEALTH

“The first person I met in Langbos was Mkiza—a handyman, gardener, musician, owner of a local tavern, manager of the boys’ soccer team, and highly respected member of the town who is adored by children. For weeks, we worked side by side on various projects, including an initiative to prevent infections by educating families about the importance of handwashing. Living in post-apartheid South Africa where racial tensions persist, in a place that has been neglected by its government, Mkiza could be bitter. But instead, he is optimistic.”

Ryan Thompson '20



Destination:
UGANDA

Objective:
TO STUDY MATERNAL HEALTH AND OBSTETRIC FISTULA

“Before I arrived in Uganda, obstetric fistula was an abstraction to me. But once I arrived, I had the opportunity to meet women who were suffering from obstetric fistula and women who had been cured. Now I better understand what resources women need post-surgery to reintegrate into their communities as empowered members of society. The idea behind my research was that while surgery is essential, these women often need more than stitches to be healed.”

Allison Horan '18



Destination:
GHANA
Objective:
TO STUDY FEMALE SEXUAL DYSFUNCTION

“The first day I went to the hospital, one of the patients wasn’t able to afford insulin, so the doctor I was with took out his wallet without hesitation to cover the cost. My experience abroad helped me appreciate the complexity and the infinite factors that affect health and patient care.”

Erica Goldstein '18



Heard

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'40s

ARTHUR ZITRIN '45, MS (GSAS '41) received the Norman Redlich Capital Defense Distinguished Service Award in July 2017 from the New York City Bar Association's Capital Punishment Committee in recognition of his outstanding lifetime commitment to medical ethics and for his work in eliminating physicians' participation in death-penalty executions.

'50s



HENRY TULGAN '58, director of continuing medical education and chief quality officer at Baystate Wing Hospital in Massachusetts, received the 2015 Rutledge W. Howard, MD, Award from the Accreditation Council for Continuing Medical Education in Chicago. He was honored for his major contributions and decades-long commitment to advancing high-quality, community-based continuing medical education and the intrastate accreditation system.

'60s



HOWARD E. VOSS '61, who turned 82 in August, continues to be very active in the medical community and currently serves as the medical director and CEO of the Volunteers in Medicine Clinic. For his decades of teaching, contributing significant medical research, and treating patients without the ability to pay, he recently received the 2017 Charlie Kane Award from the Council on Aging at the Kane Center in Florida. In 2016, Dr. Voss was promoted to clinical professor at Florida State University College of Medicine, after receiving the Guardian of the Mission award from the dean, and he now teaches a third-year course in internal medicine at the clinic. He is also the clinic's site director and an affiliate professor with the Florida Atlantic University's College of Nursing.

BRUCE K. YOUNG '63, the *Silverman Professor of Obstetrics and Gynecology* at NYU School of Medicine, and director of the Pregnancy Loss Prevention Center at NYU

Langone Health, spoke at the 2nd World Congress on Recurrent Pregnancy Loss, which took place in January 2017 in Cannes, France. Attendees represented more than 50 countries. In addition to presenting excellent results from the Pregnancy Loss Prevention Center, Dr. Young gave a talk about late pregnancy loss and stillbirths.



LEE S. GOLDSMITH '64, BA (ARTS '60), JD (LAW '67), partner at Goldsmith & Goldsmith, LLP, recently joined the board of the International Early Lung Cancer Action Project, where he will assist with the dissemination of research data and provide legal guidance.

'70s

BENARD P. DREYER '70, professor, Department of Pediatrics, director of developmental-behavioral pediatrics at NYU School of Medicine, and director of pediatrics at Bellevue Hospital Center, received the 2016-17 NYU Distinguished Teaching Award in recognition of his exceptional teaching both within the classroom and beyond its walls.

'80s

THOMAS P. MCCARRICK '82, chief medical officer and chief medical informatics officer at Vanguard Medical Group, was named the 2017 New Jersey Family Physician of the Year by the New Jersey Academy of Family Physicians. In addition to providing evidence-based, patient-centered care in an empathetic and compassionate manner, he started Care at Home New Jersey, a nonprofit organization that provides medical care to the isolated elderly via visits from nurse practitioners and social workers, a website database of home services, and monthly support groups for caregivers. He also serves as a clinical instructor at Rutgers Robert Wood Johnson Medical School and school physician for Cedar Grove Public Schools.

ELYSE G. STOCK '82, BA (WSUC '78) has been appointed chief of portfolio strategy and development at Biohaven Pharmaceuticals. She has more than 30 years of clinical and drug development experience, most recently working as vice president and global development leader at Bristol-Myers Squibb.



ELLEN STEINBERG '83 AND JAY STEINBERG '83 CREATE AN ENDOWED SCHOLARSHIP FUND

Husband-and-wife physicians who met on their second day at NYU School of Medicine made a generous commitment to the place they say molded their careers.

ELLEN STEINBERG '83, a clinical professor of anesthesiology and obstetrics and gynecology, and director of obstetric anesthesia at Stony Brook School of Medicine, and **JAY STEINBERG '83**, a gastroenterologist at NYU Langone Health, made *(continued on following page)*



RENA S. BRAND '83, clinical associate professor in the Ronald O. Perelman Department of Dermatology at NYU School of Medicine, received the 2016–17 NYU Alumni Association Meritorious Service Award in honor of her extraordinary service and continuing devotion to NYU, and for her embodiment of the university's motto, "to persevere and to excel."

(continued from previous page)

a generous pledge to NYU School of Medicine to establish the endowed *Drs. Ellen and Jay Steinberg '83 Scholarship Fund*. Longtime New Yorkers who have raised their three sons and a daughter in the tristate area, they felt particularly inspired to give back after NYU's response to Hurricane Sandy, and believe the school is stronger today than ever.

"Both of us love what we do as physicians," Ellen emphasizes. "We're really proud that our youngest son—Jonathan Steinberg '18—has entered the field of medicine as a fourth-year student at NYU School of Medicine. We believe that healthcare is an amazing intellectual pursuit and it is a real privilege to care for patients."

"We owe a lot to NYU," Jay continues. "We met and began our medical careers here, and I did my residency and fellowship here. Now is our chance to give back. It's very expensive to train medical students these days, so I would strongly encourage those who can to help."

For more information on how to establish your own named endowed scholarship fund, please contact Diana Robertson at 212-404-3510 or diana.robertson@nyumc.org.



PETER KOPELSON '83, a cosmetic dermatologist in private practice in Beverly Hills, California, was recently profiled in *The New York Times*. According to the article, "This Doctor Will See You Now (if You're a Star With a Pimple)," Dr. Kopelson "belongs to a small group of medical professionals responsible for keeping the most recognizable faces on the planet looking always young, or at least, 'well-rested,' and also pimple free." Before opening the Kopelson Clinic, he worked as chief resident in the dermatology division at UCLA.



DIANE S. BERSON '84, clinical assistant professor of dermatology at Weill Cornell Medical College and assistant attending dermatologist at NewYork-Presbyterian in New York City, was recently elected to the American Academy of Dermatology's (AADs) board of directors. She will serve a four-year term, beginning at the conclusion of the 2018 AAD Annual Meeting in February.

TODD H. GOLDBERG '84 is now the chief of geriatric medicine at Abington Memorial Hospital in Abington, Pennsylvania,

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**IF YOU'VE:
PUBLISHED RESEARCH
PRESENTED NEW FINDINGS
WRITTEN AN ARTICLE OR A BOOK
STARTED A PRIVATE PRACTICE
RECEIVED AN AWARD
GOTTEN MARRIED
HAD A BABY
OR DONE SOMETHING ELSE
EXCITING...
WE'D LOVE TO HEAR ABOUT IT.**

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following nine years of service at West Virginia University.

CHARLES H. ADLER '86, MS (GSAS '84), PHD (GSAS '86), professor of neurology at Mayo Clinic's campus in Phoenix, Arizona, will serve on the executive committee of the International Parkinson and Movement Disorder Society, after completing a two-year term as chair of the education committee. In 2016, together with his peers, he received an award for best original research paper, "Peripheral Synucleinopathy in Early Parkinson's Disease: Submandibular Gland Needle Biopsy Findings," which was published in *Movement Disorders*.



ROBERT M. AARONSON '88, a pulmonologist and executive director of Tucson Hospitals Medical Education Program, began his term as governor for the Arizona chapter of the American College of Physicians in 2014 and will serve until April 2019. Representing his home state, he serves as an advisor to the board of regents—the college's policymaking body—and helps implement national projects and initiatives at the chapter level while representing member concerns at the national level.

'90s

HOWARD S. BLAUSTEIN '92, a pulmonologist and internist at Summit Medical Group in Berkeley Heights, New Jersey,

received the American Cancer Society 2016 Medical Honoree Award at the 37th Annual Diamond Ball for his work in treating lung cancer.

ANDREW S. DUNN '92, a professor at the Icahn School of Medicine at Mount Sinai in New York City and chief of the Division of Hospital Medicine of the Mount Sinai Health System, has been named chair-elect of the board of regents of the American College of Physicians, the national organization of internists. His term began during the 2017 Internal Medicine Meeting in San Diego, California.



ANTHONY SHIH '97, MPH, executive vice president of the New York Academy of Medicine, which promotes the health and well-being of people in cities worldwide, has been named president and CEO of the United Hospital Fund, an independent nonprofit working to build a more effective healthcare system for every New Yorker.



VICTORIA M. LEE '98, a partner at Olney Pediatrics in Maryland, was recently engaged to Reuben Geisner, a senior analyst with the

Department of Homeland Security. In addition to her work as a pediatrician, Dr. Lee serves as an officer in the Washington, DC, chapter of the North American Taiwanese Medical Association, and is the proud mother of a nine-year-old daughter and two teenage sons.

'00s

CHRISTOPHER F. VALENTE '08 was named chief of Pennsylvania's Reading Health System's Pediatric Emergency Medicine Division in January 2017. In this new role, he oversees the development of a pediatric emergency department, works collaboratively with the departments of pediatrics and surgery to standardize the care of pediatric patients, and serves as a core faculty member of the emergency medicine residency program. He completed his residency and internship in pediatrics at Johns Hopkins Children's Center and completed a fellowship in pediatric emergency medicine at the Children's Hospital of Philadelphia.



DONATO PERRETTA '10 recently joined CareMount Medical in Westchester, New York, as an orthopaedic hand surgeon with privileges at NewYork-Presbyterian Hudson Valley Hospital in Cortlandt Manor. He completed his orthopaedic surgery residency at NYU Langone Orthopedic Hospital and a hand surgery fellowship at Massachusetts General Hospital.

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M. NATALIE ACHONG '92 NAMED FIRST BLACK PRESIDENT OF HARTFORD MEDICAL ASSOCIATION

A passionate OB/GYN, assistant clinical professor at Yale School of Medicine, and social activist has been recognized for her commitment to maternal care and population health.

M. NATALIE ACHONG '92, MD, MHL, has been appointed the first black president of the 225-year-old Hartford County Medical Association, one of the oldest and largest American Medical Association affiliates in Connecticut. Effective October 2017, she will serve as the county's principal representative for more than 3,000 physicians across a wide variety of specialties.



As a teaching clinical faculty member in the Department of Obstetrics, Gynecology, and Reproductive Sciences at Yale School of Medicine, and the section chair for one of the largest community health centers in Connecticut, Dr. Achong has dedicated her career to improving healthcare for underserved and marginalized communities. In her personal time, she volunteers with regional student mentor programs and philanthropic organizations. She also has worked with patients in the South, the Caribbean, and Africa. Last year, she received her executive master of healthcare leadership degree from Brown University, and she plans to focus the next stage of her career on changing the healthcare system on a larger scale through policy and programming development.

"I went back to school because I want to have the greatest possible impact on patients, and I believe today's physicians need to continue learning," Dr. Achong says. "Some days I see patients, some days I teach, and other days I'm working on legislation or doing research. I believe that the juggling act is part of being a relevant physician."

As part of her master's degree program at Brown, she conducted an innovative analysis through the Connecticut State Medical Society: "Population-based Intervention to Reduce Disparities in Early Hospital Postpartum Readmissions at Connecticut Hospitals." Dr. Achong studied the significant racial disparities in early postpartum readmissions at Connecticut's acute care hospitals. The findings were presented at two conferences and published in *Obstetrics & Gynecology*.

Ambitious by nature, Dr. Achong came to NYU School of Medicine through the competitive Sophie Davis accelerated seven-year BS/MD dual-degree program and graduated from medical school at the age of 24. After completing her BS at the City University of New York School of Medicine, where she was asked to give the commencement speech last year, she completed her final two years at NYU School of Medicine before doing her residency at Yale University School of Medicine. Dr. Achong has lived and worked in Connecticut with her family ever since, but says that her experience at NYU School of Medicine is what initially sparked her passion for providing care to diverse patient populations.

Upcoming Continuing Medical Education Courses 2017–18



Alumni are eligible for continuing medical education courses at a reduced cost. Here are some highlights of the many programs available in the next few months:

MEN'S HEALTH SYMPOSIUM: MEN AS AN ENDANGERED SPECIES

October 20–21

BONING UP ON OSTEOPOROSIS

October 25

BREAST CANCER 101

October 28

ABCs OF PEDIATRIC ORTHOPAEDICS, SPORTS MEDICINE, AND REHABILITATION

November 3

CURRENT CONCEPTS IN THE TREATMENT OF ROTATOR CUFF TEARS

November 18

SURGICAL, PHARMACOLOGICAL, AND TECHNOLOGICAL ADVANCES IN UROLOGY

December 7–9

NEW YORK NEUROSURGERY UPDATE: A ONE-DAY SYMPOSIUM

December 8

CURRENT CONCEPTS OF OPHTHALMOLOGY

January 5–6

Atlantic City, New Jersey

CLINICAL IMAGING SYMPOSIUM

January 21–25

Oahu, HI

THIRD ANNUAL ADVANCED MULTISPECIALTY ROBOTIC SURGERY: A TEAM APPROACH

February 10–11

FIFTH ANNUAL CONCUSSION ACROSS THE SPECTRUM OF INJURY: CASE STUDIES AND THE LATEST FOR DIAGNOSIS AND MANAGEMENT

February 15–17

Scottsdale, Arizona

RUSK COMPLEX CASE SERIES: REHABILITATION MEDICINE AND MANAGEMENT OF THE PATIENT WITH COMPLEX CARDIAC DISEASE

March 10

43rd ANNUAL COMPREHENSIVE REVIEW OF PHYSICAL MEDICINE AND REHABILITATION

March 19–24

ADVANCES IN FEMALE PELVIC MEDICINE AND RECONSTRUCTIVE SURGERY

March 23–24

Note: All courses take place in New York City unless otherwise noted.

For a full calendar of upcoming programs, and to learn more, please contact 212-263-5295 or cme@nyumc.org, or visit med.nyu.edu/cme.



THE “FATHER OF MODERN CARDIOLOGY” ESTABLISHES ASSISTANT PROFESSORSHIP

Eugene Braunwald '52, BA (WSC '49), Distinguished Hersey Professor of Medicine at Harvard Medical School, shares how he found his passion for cardiology at NYU School of Medicine and why he decided to give back.

WHAT WERE YOUR EARLY YEARS LIKE?

I was born and lived in Austria until I was eight years old, when the Nazis annexed Austria. Being Jewish created a very dangerous situation for my family. We escaped to London and then to Brooklyn just a few months after World War II started. I attended Brooklyn Technical High School before going to New York University for my undergraduate and medical degrees.

WHY DID YOU CHOOSE NYU SCHOOL OF MEDICINE?

I wanted to stay in New York, but it was quite difficult for a Jewish person to be accepted to certain schools during those days. There were very strict quotas. At the time, I don't think I knew how lucky I was to be admitted to NYU School of Medicine. But in retrospect, of all the places I have been privileged to work during my life, the greatest privilege that I look back on is having gone to NYU School of Medicine. As alumni, we should be enormously proud

of the school, the progress that it's made, and the standard that it sets, and we should be as supportive as possible of its future.

WHY DID YOU DECIDE TO FOCUS ON CARDIOLOGY?

I didn't have a specialty in mind when I started medical school, but I was very anxious to start working with patients. So I jumped at the first opportunity to put on a white coat, which happened to be in cardiology. It was called TNCC, the Thursday Night Cardiac Clinic, and it took second-year students. I got hooked—and I worked there for the rest of medical school. That experience gave me great confidence later on in my career. I didn't shy away from rolling up my sleeves and getting into the center of the action.

WHAT STANDS OUT FROM YOUR TIME AT NYU?

Well, I met my first wife, Nina Starr Braunwald '52, BA (WSC '49), now deceased, at NYU. She was my classmate at Washington Square College

and the medical school. At that time, there were very few women going to medical school. She also did her internship and the first portion of her surgical residency at Bellevue Hospital, where she was one of the first women to train as a general surgeon. Nina became a pioneer in the field of heart surgery—she led the surgical team that was the first to implant a prosthetic heart valve, which she also designed—so I think that NYU showed pretty good judgment in admitting her.

WHAT DO YOU CONSIDER YOUR GREATEST ACCOMPLISHMENT?

My colleagues and I developed the concept that a myocardial infarction occurs over a number of hours, though the pain may arise suddenly, and that it's possible to limit the amount of damage to the heart muscle with proper interventions. Today, those findings are part of standard management worldwide, and the mortality from acute myocardial infarction has been reduced substantially.

Dr. Eugene Braunwald (far right) was recognized at NYU School of Medicine during Dean's Honors Day in 2016. Also pictured, left to right: Dean Robert I. Grossman, MD; Kenneth G. Langone; and Jonathan Newman, MD, the first holder of the Eugene Braunwald, MD, Assistant Professorship of Cardiology

Photos: Jay Brady Photography (above), courtesy of Eugene Braunwald (right)

TO WHAT DO YOU ATTRIBUTE YOUR SUCCESS?

I work extremely hard. I always have, and I work just as hard now as I did 65 years ago.

WHAT'S THE FOCUS OF YOUR WORK NOW?

I'm researching heart failure and the effects of some novel new drugs. I read a great deal. I write. I also spend a lot of time educating cardiology fellows, students, and residents, and I should say that I'm very proud of the achievements of the people who have trained in my department or laboratory—many of whom have gone on to have spectacular careers. That means a great deal to me.

WHAT MAKES YOU HAPPY OUTSIDE WORK?

I'm lucky. I have three daughters, and they all live in the Boston area, which is terrific because it's not too far from where I now live with my second wife, Elaine. I also have seven grandchildren, who live throughout the country. And you could say I'm addicted to classical music and to opera. My parents first took me to the Vienna State Opera when I was five years old. Even now, I spend several hours a day listening to classical music when I write or study. It helps me relax.

WHAT ADVICE WOULD YOU GIVE TO DOCTORS STARTING OUT?

Your MD degree should be viewed as a passport. You can do anything from public health to medical economics to the most basic, fundamental science. But take your time

and don't try to do everything at once.

WHAT'S SOMETHING OTHER ALUMNI MIGHT NOT KNOW ABOUT YOU?

When I was at NYU, first at the college and then at the medical school, I was an extra at the Metropolitan Opera. I would be on the stage in a costume in the crowd scenes, and it gave me a chance to see and hear the opera in a totally different way. When you're surrounded, it's like a three-dimensional sound with 85 speakers.

WHAT INSPIRED YOU TO GIVE BACK TO NYU SCHOOL OF MEDICINE?

I've been extremely pleased with the direction of the school and I'm very proud to be an alumnus. Also, I feel that one of the things most needed in academic medicine is a way of supporting people of great promise—people in what you might call their professional adolescence. In other words, as an adolescent, you're trying

to define your identity. You don't want to go too far from your parents or your mentors, but on the other hand you have to become your own person. Of course, the best people coming out of residency and fellowship are the ones hired to be assistant professors, so they've already jumped through a lot of hoops, but then it can be hard to establish themselves. Where does the money come from for that? I hope that my gift to create an endowed assistant professorship at NYU School of Medicine might be an example for others considering making similar contributions.

In June 2017, Dr. Braunwald received an honorary doctor of science degree from the University of Oxford. NYU School of Medicine is deeply grateful to Dr. Braunwald for establishing the Eugene Braunwald, MD, Assistant Professorship of Cardiology, which is currently held by Jonathan Newman, MD, MPH.

To learn more about getting involved and giving back, please visit our website: med.nyu.edu/alumni



“I FEEL THAT ONE OF THE THINGS MOST NEEDED IN ACADEMIC MEDICINE IS A WAY OF SUPPORTING PEOPLE OF GREAT PROMISE—PEOPLE IN WHAT YOU MIGHT CALL THEIR PROFESSIONAL ADOLESCENCE.”



JOHN ERNEST SARNO, a long-time member of the faculty of NYU School of Medicine, died on June 22, 2017, at age 93. Dr. Sarno was a well-known physician who maintained a faculty appointment in the Department of Rehabilitation for more than five decades. Dr. Sarno developed a new model for the diagnosis and treatment of chronic pain, which he termed the *tension myoneural syndrome*. He received glowing endorsements from well-known public figures, including a number of celebrities. A story on Dr. Sarno's work was featured on the television news magazine *20/20*, and a new documentary film, *All the Rage (Saved by Sarno)*, premiered in June 2017.

Dr. Sarno was born in Williamsburg, Brooklyn, and attended Kalamazoo College in Michigan, after which he served in the U.S. Army and worked in field hospitals in Europe during World War II. He received his medical degree from Columbia University College of Physicians and Surgeons in 1950, joined the faculty of the Rusk Institute in 1965, and maintained his clinical practice there until his retirement in 2012.

During his career, he published several books regarding his treatment techniques, including the bestseller *Healing Back Pain: The Mind-*

Body Connection, as well as *The Mindbody Prescription: Healing the Body, Healing the Pain; The Divided Mind: The Epidemic of Mindbody Disorders*; and *Mind Over Back Pain*. Dr. Sarno is survived by his wife, Martha T. Sarno, MA, MD (hon.), a research professor and innovator in her field who served as the director of speech language pathology at Rusk for several decades, and by four children, four grandchildren, and a great-grandson.

MICHAEL BLOOM (HON. '12), an integral part of our medical education program and academic mission for more than 44 years, died on February 6, 2017, at age 71. Beloved by faculty, administration, and students, he served under the leadership of five deans: Drs.

Lewis Thomas, Ivan Bennett, Saul Farber, Robert Glickman, and Robert Grossman.

Mike, as he was known to all his friends, joined NYU Langone in 1968 as a projectionist in the audiovisual department and was soon promoted to manager, a role that kept him in the center of daily activities—as he provided sight, sound, and technical support in the training of more than 7,000 medical students. In addition, he worked tirelessly at hundreds of special events, including alumni weekends, Dean's Honors Day, GME courses, board meetings, and the weekly department chair meetings. For 35 years, he served as chief proctor for the medical student NBME shelf exams, and continued to do so into his retirement. Mike also ran the student film festival for 25 years (a weekly Tuesday movie night), showing feature films in Farkas Auditorium, and volunteered to work at 36 medical school graduations.

Mike was a medical center icon throughout his career, thanks to his spirited presence and performance; the class of 1975 even made him an unofficial member. More formally, in recognition of his many achievements, Mike was designated an honorary alumnus of the class of 2012.



Michael Bloom (Hon. '12) (center, flanked by Dean Robert I. Grossman, MD, and Kenneth G. Langone) became an honorary alumnus at Dean's Honors Day.

Our condolences to the families and friends who have recently lost loved ones. Please notify us of alumni and faculty passings, so that we may recognize and honor our community members in future issues.

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Alumni

HENRY GREEN '35

March 21, 2017

NORMAN REITMAN '36

February 27, 2017

IRVING M. FISHMAN '43M

March 17, 2017

ROBERT H. GLINICK '46

June 4, 2017

**MARSHALL E. MCCABE '46,
BA (WSC '43)**

January 29, 2017

**RAYMOND A. RASKIN '46,
BA (ARTS '42)**

April 8, 2017

JAMES R. GUTHRIE JR. '48

March 17, 2017

**ARTHUR J. LEWIS '48,
BA (WSC '45)**

February 16, 2017

MARTIN P. HUTT '49

February 14, 2017

ARTHUR TOBIN '49

November 21, 2016

LEWIS H. WALTHER JR. '49

February 11, 2017

GERALD L. FEINBERG '50

March 9, 2017

GORDON Q. JONAS '50

March 6, 2017

RICHARD B. QUAN '50

October 30, 2016

**ELAINE T. BOSSAK FELDMAN '51,
BA (WSC '45), MA (GSAS '48)**

June 5, 2017

ALLAN A. BERGER '53

February 14, 2017

ROBERT J. MONES '53

January 31, 2017

EDWARD SPERLING '53

February 22, 2017

WINFIELD S. GIBBS '54

December 31, 2016

SABIN S. LEVENSON '54

March 8, 2017

JOHN C. ROY '54

May 30, 2017

BERNARD J. SIVAK '54

May 13, 2016

HAROLD KELTZ '55, BA (ARTS '51)

April 15, 2017

LEONTI H. THOMPSON '55

March 15, 2017

LAWRENCE R. ROSS '56

June 28, 2017

MILTON SIROTA '57

March 2, 2017

HAROLD H. WECHSLER '57

February 8, 2017

**JORDAN W. FINKELSTEIN '58,
BA (ARTS '54)**

April 16, 2017

**NOEL C. GOODMAN '58, BA
(ARTS '54)**

March 10, 2017

SAMUEL TROCK '58

October 13, 2016

EUGENE CHERNELL '59

August 10, 2014

JOSEPH FELDSCUH '61

January 31, 2017

**IRWIN HIRSHBERG '61,
BA (WSC '57)**

May 23, 2017

RICHARD E. KERBER '64

November 8, 2016

**ANTHONY J. LATESSA '64, MS
(GSAS '58), PHD (GSAS '60)**

March 22, 2017

HENRY F. RYAN '64

May 21, 2017

RALPH G. BENNETT '66

August 22, 2016

**STANLEY K. KLAUSNER '67,
BA (WSC '63)**

June 13, 2016

NEIL B. PHILLIPS '69

April 2, 2017

RONALD M. GREENBERG '76

February 1, 2017

JOSEPH T. TOMANELLI '87

April 24, 2017

Faculty

DONALD K. BRIGGS, MD

November 18, 2016

STEVEN H. FERRIS, MD

April 5, 2017

LUCIEN FLETCHER, MD

August 10, 2016

VIVIAN FROMBERG, MD

October 23, 2016

ARTHUR F. GOLDBERG, MD

March 6, 2017

ROBERT B. GOLLANCE, MD

January 20, 2016

CHAD K. KLAUSER, MD

May 14, 2017

JEROME M. LEVINE, MD

March 15, 2017

ROBERT A. MASLANSKY, MD

June 11, 2017

ERIC G. REDLENER, PHD

May 18, 2017

EDWARD F. ROSSI JR., MD

May 6, 2017

SAMUEL SLIPP, MD

April 24, 2017

ANGELO TARANTA, MD

July 26, 2016

MARTIN J. WEICH, MD

April 18, 2016

ALVIN C. WESELEY, MD

August 1, 2016

Look Back

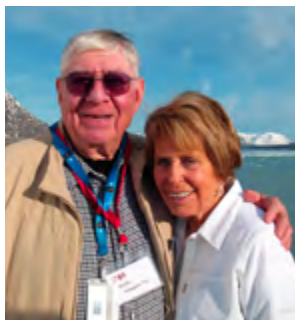


H. SHERWOOD LAWRENCE '43, BA (WSC '38)

A devoted humanitarian, beloved professor, and pioneering immunologist, Dr. Lawrence (1916–2004) served as the director of the former NYU Cancer Institute, now known as the Laura and Isaac Perlmutter Cancer Center, from 1974 to 1979 and as the director of its AIDS Research Center from 1989 to 1994. He was best known for discovering, in 1949, “transfer factor,” a product of T-lymphocytes, which, when transferred from immune to non-immune animals, could enhance the body’s defenses against a wide variety of infectious agents.

LIVE FOR TODAY, LEAVE A LEGACY FOR TOMORROW

**HELP SUPPORT THE NEXT GENERATION OF PHYSICIANS
BY INCLUDING A GIFT TO NYU SCHOOL OF MEDICINE IN
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“Whatever you do in life, if you want to achieve happiness—enduring happiness—you need to give back.”

—Bernard (Bernie) L. Schapiro '56, emeritus attending physician at Hunterdon Medical Center and former faculty member at Rutgers New Jersey Medical School

WHY I GIVE

Dr. Bernie Schapiro, a longtime family physician in New Jersey, says he recently decided to make a gift to NYU School of Medicine because he feels grateful for the exceptional education and experience he received here. By earmarking a contribution to NYU School of Medicine in their wills, he and his wife, Jane, are establishing the *Bernard Lewis and Jane Schapiro Scholarship Fund* for medical students.

“I learned so much at NYU, especially by being exposed to the diverse patients at Bellevue hospital,” Dr. Schapiro recalls. “People of all walks of life were treated

there. Seamen would come ashore with infectious diseases from all over the world. I was able to see and treat illnesses and conditions that would take a lifetime to encounter anywhere else. Those unique experiences helped prepare me for the rest of my career.”

As a solo practitioner in rural New Jersey, Dr. Schapiro did tasks as varied as making house calls to delivering babies to covering the local hospital's emergency room. Today, Bernie and Jane, who have been married for 64 years, have retired to Florida. They have three children and seven grandchildren.

To learn more about how you can join fellow alumni like Dr. Schapiro and make your own planned gift to NYU School of Medicine, please contact the Office of Development's planning giving team at 212-404-3653 or plannedgiving@nyumc.org, or visit nyulangone.org/legacy.



Office of Development and Alumni Affairs
One Park Avenue, 5th Floor
New York, NY 10016

SAVE THE DATE



APRIL 27–28, 2018

Honoring classes ending in 3 and 8

Friday, April 27

WELCOME RECEPTION • 5 PM

Location to follow
New York City

Saturday, April 28

ALUMNI DAY • 8:30 AM

CME program, awards ceremony, alumni luncheon
Farkas Auditorium and Alumni Hall
550 First Avenue

ALUMNI BALL • 7 PM

The Ritz-Carlton New York
Battery Park

Questions?

alumnireunion@nyumc.org
212-404-4344