Development IV: Adolescence

2nd Year Adult Psychoanalysis – Winter 2013-14

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The American Psychoanalytic Association designates this Live Activity for a maximum of 1 AMA PRA Category 1 Credit™ per hour of instruction. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Important Disclosure Information For All Learners: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

This course emphasizes that adolescence is a phase whose importance is no less significant than that of prior developmental phases. What transpires within this phase may be layered upon what has gone before, but may be new, unexpected, unpredictable, and may have a major impact on the life of the adult patient. That impact surfaces, albeit often unrecognized, in the analysis of the adult analytic patient.

Ours is not a course on the technique of the analysis of adolescence, but the paper assigned for meeting #10 gives a taste of such treatment, and may serve as a summing up of the course.

* Indicates available on P-E-P

1. Adolescence and the Analysis of Adults


Suggested Reading


2. Adolescence: The Body


d. “Components of Adolescence”

3. Anna Freud


4. Peter Blos and the Sub-Phases of Adolescence


5. Adolescent Ego


6. Adolescent Id


7. Adolescent Superego and Ego Ideal


8. Adolescent Psychopathology: Acting-Out and Suicide


9. Late Adolescence To Young Adulthood


10. An Analysis of an Adolescent