

## Psychoanalytic Technique with Adolescents

Dates of Meetings: Sept.20, 27, October 4, 11,18,25, November 1,8,15, 29, December 6, 13, 20, January 3, 10.

### CLASS 1: September 20 : Overview of the Phases of Adolescence and Associated

#### Technical Issues

Readings: \* = Available on P.E.P. and will not be provided to you by the Institute.

- \*1. Geleerd, Elizabeth, "Some Aspects of Psychoanalytic Technique in Adolescence", PSC Volume 12, 1957, pp 263 - 283
- \*2. Laufer, M.(1978) "The Nature of Adolescent Pathology and the Psychoanalytic Process". PSC Vol. 33

### CLASS 2: September 27: Continuation of Overview

- \*1. Sklansky, Morris, "Indications and Contraindications for the Psychoanalysis of the Adolescent", 1972 , Journal of the American Psychoanalytic Association, Vol. 20: 134 - 144
- 2. Blos, P. (1962) "Intensive Psychotherapy in Relation to Various Phases in the Adolescent Period", (1983), in The Psychiatric Treatment of Adolescents, A. Esman, ed, 71 - 86.

### CLASS 3: October 4: Working with Parents of Adolescents

- 1. Novick, K. and Novick, J, Working with Parents Makes Therapy Work, Jason Aronson, 2005 Book not included on disk.

- \* 2. Schimel, J.L., "Two Alliances in the Treatment of Adolescents: Toward a Working Alliance with Parents and a Therapeutic Alliance with the Adolescent", *Journal of the American Academy of Psychoanalysis*, 1974, Volume 2, 243 - 253

CLASS 4: October 11: Technical Aspects of Treatment at Puberty

- \* 1. Fraiberg, Selma, "Some Considerations in the Introduction to Therapy in Puberty". PSC, Volume 10, 1955
- 2. Schmukler, A. "The Use of Insight in the Analysis of a Preadolescent", (Reprint)

CLASS 5: Aspects of Technique in Early Adolescence (age 12 - 14)

- 1. Settlege, C., (Reprint), "The Technique of Defense Analysis in the Psychoanalysis of an Early Adolescent", in The Analyst and the Adolescent at Work, Harley, ed., Quadrangle (1974), pp. 3- 40
- \* 2. Harley, M., 1970, "On Some Problems of Technique in the Analysis of Early Adolescents", PSC Volume 25

CLASS 6: Aspects of Technique in Mid-Adolescence (age 14 - 16)

- \* 1. Chused, J. "Interpretations and Their Consequences in Adolescents" (1992) *Psychoanalytic Inquiry*, 12: 275-295
- \* 2. Rosenblatt, B. "A Severe Neurosis in an Adolescent Boy", (1963) PSC Vol. 18

CLASS 7: Action and Acting-Out in Adolescence

1. Laufer, M. "The Analysis of an Adolescent at Risk with Comments on the

Relation between Psychopathology and Technique." In The Analyst and the Adolescent at Work. Ed. M. Harley. Quadrangle Books, 1974

\* 2. Moore, W. "Promiscuity in a Thirteen Year Old". (1974) PSC Volume 29

CLASS 8: Issues of Identity Formation

\* 1. Blos, P. (1968). Character Formation in Adolescence. *Psychoanal. St. Child*, 23:245-263.

\* 3. Ollech, D., McCarthy, J. (1997). Impediments to Identity Formation in Female Adolescents. *Psychoanal. Psychol.*, 14:65-80

CLASS 9: Masturbation and sexuality:boys and girls

\* Laufer, M. (1968). The Body Image, the Function of Masturbation, and Adolescence—Problems of the Ownership of the Body. *Psychoanal. St. Child*, 23:114-137.

\* Glenn, J. 1974. The analysis of masturbatory conflicts of an adolescent boy with a note on "actual neurosis." In, *The Analyst and the Adolescent at Work*, ed. M. Harley, NYT Quadrangle Press, pp. 164-189.

CLASS 10: Continued

\* Laufer, M. 1976. The central masturbation fantasy, the final sexual organization and adolescence. *Psychoan. Study Child*31: 297-316.

CLASS 11: Transference/countertransference

- \* 1. Chused, J. 1990. Neutrality in the analysis of action-prone adolescents. JAPA 38: 679-704.
- 2. Adatto, C. 1974. Evolution of the transference in the psychoanalysis of an adolescent boy. In, The Analyst and the Adolescent at Work, ed. M. Harley, NYT Quadrangle Press, pp.134-163

CLASS 12: Diagnostic Issues and Analyzability

- \* 1. Blos, P. 1972. The Epigenesis of the Adult Neurosis. Psychoanal. St. Child, 27:106-135
- 2. Kernberg, O. 1978. The diagnosis of borderline conditions in adolescence. In, Adolescent Psychiatry, Vol. 6, pp.

CLASS 13: Aspects of Technique in Late Adolescence

- \* 1. Ritvo, S. (1971) Late Adolescence\*Developmental and Clinical Considerations. Psychoanal. St. Child, 26:241-263
- \* 2. Chused, J. 1987. Idealization of the Analyst by the Young Adult. J. Amer. Psychoanal. Assn., 35:839-859

CLASS 14: Termination

- 1. Hoffman, L. 1991. Concealment in early adolescence. In Saying Goodbye: a casebook of termination in child and adolescent analysis and therapy, ed. Schmukler, A., Analytic Press. , pp 99-116.
- \* 2. Schmukler, A.G. (1990). Termination in Midadolescence. Psychoanal. St. Child, 45:459-474.

CLASS 15: Termination continued

1. Yanof, J. 1991. Singing in Harmony: termination in adolescent analysis. In, *Saying Goodbye: a casebook of termination in child and adolescent analysis and therapy*, ed. Schmukler, A., Analytic Press. , pp. 161-180.