

*Cardiovascular disease remains the single greatest threat to our health. It kills more men and women in all ethnic groups in the United States than any other disease each year.*

*The NYU Lipid Treatment & Research Center is staffed by an expert faculty group who have extensive experience in both treatment and research aspects of lipid disorders and who are recognized thought leaders in the continuing effort to improve the diagnosis and treatment of cardiovascular risk factors.*

*Backed by a state of the art patient assessment facility and convenient consultative services at the NYU Medical Center, we offer comprehensive risk assessment of cardiovascular disease and the formulation and implementation of a treatment plan directed towards the attainment of a heart healthy lipid profile. Once instituted, this treatment plan can often be conveniently maintained by your usual physician.*

## What makes the NYU Lipid Treatment & Research Center Unique?

**A**t NYU School of Medicine and the NYU Medical Center, we take a multi-disciplinary approach to achieve our goal of diminishing the sickness and death associated with cardiovascular disease. Scientists and physicians at NYU work together quite closely - investigators in The Marc and Ruti Bell Vascular Biology and Disease Program focus on exploring the biology of diseases of the vasculature, while physicians in the NYU Lipid Treatment & Research Center work to lower the chance of heart attacks by focusing on the treatment of the most established risk factors recognized today, which are disorders of the blood levels of the fats (lipids) carried by lipoprotein particles, such as VLDL, LDL, and HDL.

### The Medical Center Team

**Edward A. Fisher, M.D., Ph.D., M.P.H.** is The Leon H. Charney Professor of Medicine (Cardiology), Pediatrics, and Cell Biology, as well as Director of The Marc and Ruti Bell Vascular Biology and Disease Program and the NYU Lipid Treatment & Research Center, New York University School of Medicine.

**Michael Schloss, M.D., F.A.C.C.** is Associate Professor of Medicine at New York University School of Medicine and is a Co-Clinical Director of the NYU Lipid Treatment & Research Center.

**Arthur Schwartzbard, M.D., F.A.C.C.** is currently the Director of Non-Invasive Cardiology, and Co-Director of the Lipid Clinic, at the Manhattan campus of the New York Harbor Health Care System [formerly known as the Manhattan Veterans Affairs Medical Center (VAMC)]. He is Assistant Professor of Medicine at New York University School of Medicine as well as the Director of Clinical Lipid Research of the NYU Lipid Treatment & Center.

**Howard S. Weintraub, M.D., F.A.C.C.** is Clinical Assistant Professor in the Department of Medicine (Administration) at New York University School of Medicine in New York, New York. Dr. Weintraub is a Co-Clinical Director of the NYU Lipid Treatment & Research Center.

**Ania Coats, M.A.** is the Program Coordinator of the NYU Lipid Treatment & Research Center. One of her primary responsibilities is to build recognition of the NYU Lipid and Research Center and the valuable services the medical team provides through their interdisciplinary and novel approach to the treatment and diagnosis of lipid disorders.

*Additional information about the center and its team is featured on our website @ [www.nyulipidcenter.com](http://www.nyulipidcenter.com)*

### Physician Referral

The consultative services offered by the NYU Lipid Treatment and Research Center can be easily arranged through self or physician referral. A request can be made for a patient to see any one of our attending physicians.

Patients should also expect to have at least one visit with our nutritionist. It is increasingly clear that utilizing the correct diet is critical to the success of intervention designed to reduce cardiac risk, as reflected by the Adult Treatment Panel III recommendations as well as by the FDA-approved prescribing information for the major lipid-lowering agents.

Typically, a consultation will last sixty minutes and will take place at the Cardiac and Vascular Center at the NYU Medical Center. This will involve a thorough directed history and physical examination.

Based on the nature of any available blood tests or cardiac risk evaluations, additional procedures are likely to be requested. These could include:

- 1) an ultrasound test called carotid IMT. This simple, rapid, non-invasive test of an artery in the neck often gives an indication of the atherosclerosis (plaque) buildup in the coronary arteries.
- 2) more thorough and specific lipid tests to determine lipoprotein particle number and size, which are done at the laboratory that has served as the core lab for many of the large national multicenter studies conducted over the last few years (*Liposcience labs in North Carolina*).

### How do I schedule a consultation?

**To schedule an appointment/consultation please call the Lipid Center staff:**

**(212) 263-7751**

*Our physicians participate in many insurance plans. Please contact Center staff for additional information.*



# New York University Lipid Treatment and Research Center

**NYU Lipid Treatment and Research Center**  
**The Leon H. Charney Division of Cardiology**  
New York University School of Medicine  
530 First Avenue, HCC 13  
New York, NY 10016

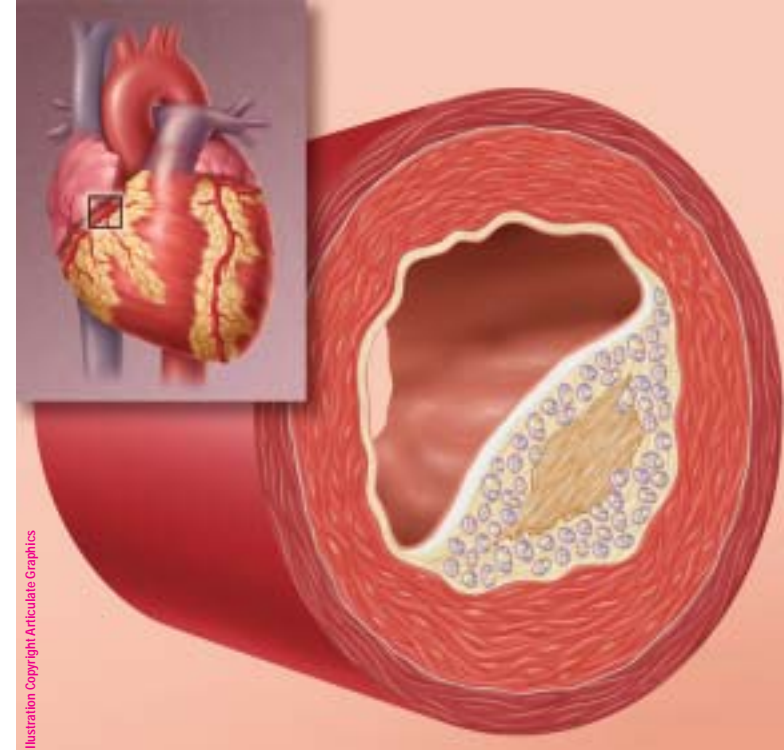


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## To Support the NYU Lipid Treatment & Research Center

At the NYU Lipid Treatment & Research Center, one of our goals is to contribute new knowledge that can be used in the continuing effort to improve the diagnosis and treatment of cardiovascular risk factors.

You can help us by joining us as an ally in this quest. Our researchers seek to improve our understanding of disorders of the blood levels of the fats (lipids) carried by lipoprotein particles, such as VLDL, LDL, and HDL. One way to support the activities of the NYU Lipid Treatment & Research Center is to volunteer to participate in one of our clinical trials. Another way is to make a donation to the NYU Lipid Treatment & Research Center. Your gift—no matter what its size—will further our research efforts, enhance our clinical services, and expand our community programs so that we may more effectively battle the single greatest threat to our health, cardiovascular disease.

To make a donation, please visit <http://www.med.nyu.edu/lipidcenter/contact/support.html> to download the PDF form, complete the information and mail it to the address indicated on the form.

## Where Can I Learn More About Lipids and My Health?

Take our Cholesterol and Cardiac Risk Quiz to assess your knowledge about lipids:  
[http://www.med.nyu.edu/lipidcenter/lipids\\_health/faq.html](http://www.med.nyu.edu/lipidcenter/lipids_health/faq.html)

Learn more about lipids and your health by visiting our website and reading about the scope of problem, learn about the types of cholesterol, and what factors put you at increased risk for Coronary Artery Disease (CAD).

Our website also features a self-assessment test, developed by the Adult Treatment Panel III, so that you can calculate your personal risk for having a cardiac event. The assessment estimates your personal risk for having a cardiac event in the next 10 years.

[www.nyulipidcenter.com](http://www.nyulipidcenter.com)