

Additional Program Features.....

Services provided through the Work/Life Assistance Program, administered by CCA, provides a helping hand when you need it most. No matter what the issue, experts are available to lend a little extra support through life's frequent challenges. *Help is just a phone call or click away.*

Consultations are available in English, Spanish and other languages and can be done via phone, online, web based instant messaging, or through assisted search from a CCA expert.

Referrals are confirmed and matched to your unique needs, *instantly* via online tools, or can be delivered within **12 business hours** (6 for emergency request), and can be received via email, fax, or priority mail.

CCA's Resource Library provides you access to a large collection of useful and authoritative multi-lingual resources to support your requests (i.e. handbooks, tip audio cassettes, videos, interactive CD's, and much more). These materials (and more) are also available through CCA's website.

CCA's Online Services provides you a convenient way to assess resources in the event you do not have time or would like to conduct research on your own. Online features include over 2000+ resource articles, self search tools for your personal needs, 100+ financial & health calculators, interactive physical and emotional assessments, streaming audio and video, moderated discussion groups, and much more.

Email: NYUbenefits@nyumc.org

Fax: (212) 404-3900

Tel: (212) 404-3787

NYUMC Benefits Services Department
One Park Avenue, 16th Floor
New York, NY 10016

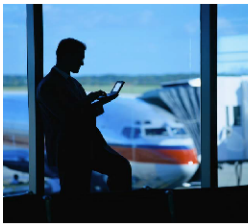


NYU Medical Center's Work/Life Assistance Program

Administered by
Corporate Counseling Associates



The NYUMC Work/Life Assistance Program Can Help You...



New in town? Need to find a great restaurant to take your business clients? Your Work/Life service consultant can help.

Introducing NYUMC's Work/Life Assistance Program

Because managing personal and professional responsibilities can be challenging at times, Work/Life services provided through Corporate Counseling Associates (CCA) offers support in helping you manage life's frequent challenges.

This valuable benefit is provided through your employer at their expense. Allowing you to have **around the clock** access to CCA's Work/Life consultants who are experts in their field, provides with you the best and most knowledgeable services available. CCA consultants are there to help you find the solution to life's challenge in less time than doing it on your own. Whether you are looking for a childcare provider or a place to have dinner while out of town, a CCA consultant will be there to help.

Help is just a phone call or click away, 24 hours, 7 days a week.

NYUMC Work/Life Assistance Program Corporate Counseling Associates (CCA)

(800) 833-8707

www.corporatecounseling.com

Online Passcode: NYUMC

CCA's services employees and their family members in so many different areas of need. Whether you are faced with finding care options for your children (which can be not only overwhelming but time consuming) or if you need help with coping with the responsibility of caring for an elder family member or friend, your Work/Life Assistance Program can help obtain consultation and or referral services for these and other services, such as:

Finding:

Child or Family Day Care Centers, Nannies, Summer Camps, Public and or Private Schools, Tutors, Hospice, Meals on Wheels Programs, Nursing Homes, Elder Hostels, Adult Day Care, Caregiver Support, Assisted Living Facilities, Elder Driving, Geriatric Case Managers, Retirement Communities, and Much More...

Here are some real life examples of how the Work/Life service has helped others.

Family and Care Giving



"My daycare provider informed me that she will be moving 3 days before she was scheduled to move! The CCA consultant helped me locate a list of providers within my area and within my price range." CCA's child care counselors have access to an abundance of resources to assist employees and their family members with any issue surrounding children, such as; prenatal care, adoption, nanny and daycare agencies, parenting, child development and education, and many others.

"My father is having a hard time staying home by himself. I called CCA and they provided me with information on alternate living and care. They even provided me with information on how to talk to my dad about this issue" CCA also offers extensive assistance to employees who are caring for an elder parent or relative. Resources are available in every area of dependent care (i.e., nursing homes, adult day care, etc.)



Emotional Wellbeing

"My son was diagnosed with ADHD. CCA helped me find a parent support group and now I have access to othe parents who understand the challenges I have faced." CCA has a database of affiliate providers in virtually every area of mental health specialty, along with resources to support any type of emotional issue.

Daily Living and Convenience Services

"My family and I will be relocating because I've been offered a promotion with my company. I called CCA to see if they could provide me with information about schools and realtors in the area. They did and the information they provided us with made our search for schools and a new home easier." CCA has a wide range of information and resources are available to assist in the area of education. *"I was laid off from work and needed help with job placement and resume writing. It's been more than 20 years since my last interview. The CCA consultant helped me locate a job placement and computer training program in my area. I was prepared when I went on my interview."* Information, resources and referrals can be provided to assist with many different types of personal services (i.e., relocation, pet care, fitness centers, aerobics, wedding planners, caterers, travel, home repair referrals, and many others).

