

## Time

Please call 212/263-6058 to make your group's reservation and class selection.

Suggested schedules:

**10:30 a.m. – 12:00 p.m. weekdays only**

*or*

**1:00 p.m. – 2:30 p.m. weekdays only**

If you want to come early or leave late, space is available for dining. Please bring bag lunches.

## Fees

\$100.00 for the first eight adults.

Add \$10 for each additional participant.

All supplies are included.

Make checks payable to:

*The Glass Garden, Rusk Institute*

## Location

The Glass Garden is located off the Rusk Institute lobby at 400 East 34th Street, between 1st Avenue and the East River in New York City. It is convenient to the the #6 subway at 33rd Street Station, and to stops on the M34, M15, or M16 city buses.

*Classes take place rain or shine.*



Rusk Institute of Rehabilitation Medicine  
400 East 34th Street • New York, NY 10016



NYU  
Medical  
Center

# *In The Garden* Adult Educational Programs



offered  
by  
The Glass  
Garden at  
Rusk Institute  
NYU Medical  
Center

For:

- Day Programs
- Senior Centers
- Clubs and Organizations
- Nursing Homes
- Community Groups

212/263-6058

glassgardenrusk@nyumc.org  
www.med.nyu.edu/rusk/glassgardens



The Glass Garden is pleased to introduce unique adult education classes set in our restorative environment.

These programs will introduce participants to the fascinating world of plants and are designed to increase one's knowledge, awareness and appreciation of nature.

Sessions take place in the fully-accessible Conservatory at Rusk Institute. They include stimulating discussions, and individual projects.

Your group will gain insights through taste, scent, touch, and share old memories while participating in new activities.

## Please make your selection from the following:

### 1. Desert Habitats

- Cactus and succulent gardens

### 2. Indoor Tropical Plants

- Houseplant primer

### 3. Aloe: Nature's First Medicine

- History, uses and culture

### 4. Tea for Two Garden

- Herbs for tea

### 5. Nature-Inspired Art

- Home décor project

### 6. Fresh Scents for the Home

- Pomander, room fresheners, or potpourri

### 7. Herbal Soaps or Vinegars

- Gifts from nature

### 8. Fresh Flower Arrangement

- Seasonal table decoration

### 9. Greens for the Holidays (December only)

- Evergreen project for your home

### 10. Bye-Bye Bugs

- Natural insect repellent

### 11. Pressed Flower Creations

- Homemade stationery or cards

### 12. Seasonal Snacks

- Nature's healthy treats

### 13. Mysteries of Orchids

- Orchid primer

### 14. Plants of the Bible

- Read and grow

### By Request (your special topic)

Classes are run by the professional staff of the Glass Garden:

Megan Driscoll

Gwenn Fried

Catherine Graham-Kohler

Kate Levy

Matt Wichrowski

