

## Brain Injury Rehabilitation by the Numbers

Rusk Rehabilitation is a national leader in treating patients with Brain Injury. Our Brain Injury Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

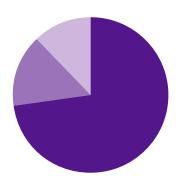
208 Patients Served in 2021	#8 Best Rehabilitation Hospital U.S. News & World Report Ranking
<b>62 Years</b> Average age of patients served	10.3 Change in Self-Care Change in patients' ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*
<b>3.2 Hours Per Day Average amount of therapy provided</b> Compared to 3.0of the Center of Medicare and Medicaid (CMS) standard.	<b>24.7 Change in Mobility</b> Change in patients' ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*
17.9 Days Average length of patient hospital stay	<b>31.3 Self-Care at Discharge</b> Patient's ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*
94.2% Satisfaction of Overall care by persons served Based on Press-Ganey Inpatient Rehabilitation Survey ratings.	<b>67.3 Mobility at Discharge</b> Patient's ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

# Where patients are discharged to following their hospital stay:

■ Home: 73%

Long term care (Subacute): 15%

Acute care: 12%



<sup>\*</sup>Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument



- "How fortunate I was to have your doctors and therapist. Courteous and kind and every possible way with kid gloves. They explained every move I was going to make and how to do it without hurting myself, and they were their side-by-side for every move I made with kindness and love."
- "I'm thankful to both Rehab doctors. They were so pleasant and wonderful. I truly was impressed with the doctor's sensitivity, guidance and willingness to help. They heard my concerns and helped address my challenges in recovery."
- "The time that my son was in the NYU Hospital, both in which they did the surgery and the physical therapy hospital, his care for my son was more than excellent, my son and I were very grateful for the excellent, performance. Nurses, doctors and therapists deserve 100 for their performance. Thanks a lot."
- "Nurses made me feel comfortable and at ease. This was a very important part of my recovery and they were always there when needed."
- "My Physical Therapist was amazing & very patient with me. She helped me build my self-confidence & knows exactly what is best for me!"
- "I was very pleased with the PT and OT. They were a wonderful and professional team. They were very helpful in their approach and I'm so greatly appreciative."
- "I was fortunate to have a gifted empathetic speech therapist. I am progressing daily in reading, speaking & writing English, learning French: she got me back on the right path."
- "All therapists went out of her way to ensure all questions were answered phenomenal!"
- "Very positive experience. The medical team & therapists were knowledgeable, caring, & focused on improving my condition. Felt confident in their care & advise. The teams took care of me medically physical & mental health."
- "I'm very thankful and appreciative to the nurse that did my discharge. She explained everything clearly, and gave me all attention I needed before I left. Answered questions and addressed my concerns."
- "My experience at Rusk Rehab was extremely positive. From day one until discharge I felt each discipline treated me with utmost respect regarding my safety, medical and rehab concerns and progress as well as continued emotional and personal support."
- "The treatment I received was above and beyond. I was treated with respect, and the care & attention I received was phenomenal."
- "Such a great experience I'm so glad they made the decision to send me to Rusk Rehab it was excellent."



# Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) by the Numbers

Rusk Rehabilitation is a national leader in treating patients in need of comprehensive medical rehabilitation. Our Comprehensive Integrated Inpatient Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

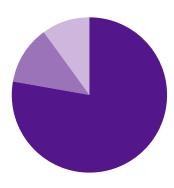
1077 Patients Served in 2021	#8 Best Rehabilitation Hospital U.S. News & World Report Ranking
69 Years Average age of patients served	10.0 Change in Self-Care Change in patients' ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*
3.0 Hours Per Day Average amount of therapy provided Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.	<b>26.3 Change in Mobility</b> Change in patients' ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*
12.8 Days Average length of patient hospital stay	<b>34.8 Self-Care at Discharge</b> Patient's ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*
92.5% Satisfaction of Overall care by persons served Based on Press-Ganey Inpatient Rehabilitation Survey ratings.	<b>70.3 Mobility at Discharge</b> Patient's ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

## Where patients are discharged to following their hospital stay:

■ Home: 79%

Long term care (Subacute): 12%

Acute care: 9%



<sup>\*</sup>Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument



- "All the doctors showed me patience and sincere concern for my welfare. My rehab doctor was enormously helpful. Her care was excellent A knowledgeable and compassionate doctor!"
- "The pulmonary doctor was great. She was attentive and forthcoming. An excellent, caring physician."
- "I cannot imagine more respectful treatment. I never had to ask for anything. I was sometimes fearful and the nurses always reassured me that things would work out well, doing so with kindness and compassion."
- "Nurses and nurse's aides were very caring in their treatments!"
- "Both Physical therapists were wonderful. We discussed my goals stairs and getting my strength back. Both had their goals for me and they also allowed me to choose some strength exercises. When I left rehab, I felt confident about going home."
- "Physical therapy managed to help me to regain my strength and be able to be more independent."
- "My occupational therapist was extremely helpful kind and caring. She gave me excellent suggestions for self-improvement."
- "The speech therapist was a superb instructor. She was able to relax people with her sense of humor, knowledge and precise instruction. A pleasure to WORK WITH!"
- "The speech therapists were great. On day 1 my voice seemed stronger. The speech exercises helped to make my voice stronger. Also, as my whole body got stronger from PT and OT so did my voice. My voice is now back to normal."
- "Progressed from tube feeding to solid food, my speech therapist was sensitive and patient in encouraging progress."
- "The Psychologist was very helpful in making me feel confident in my long recovery process."



## **Limb Loss Rehabilitation** by the Numbers

Rusk Rehabilitation is a national leader in treating patients with Limb Loss. Our Limb Loss Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

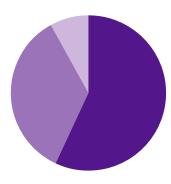
23 Patients Served in 2021	#8 Best Rehabilitation Hospital U.S. News & World Report Ranking
<b>64 Years</b> Average age of patients served	6.3 Change in Self-Care Change in patients' ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*
<b>3.0 Hours Per Day Average amount of therapy provided</b> Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.	<b>20.5 Change in Mobility</b> Change in patients' ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*
14.5 Days Average length of patient hospital stay	<b>31.2 Self-Care at Discharge</b> Patient's ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*
<b>92.5% Satisfaction of Overall care by persons served</b> Based on Press-Ganey Inpatient Rehabilitation Survey ratings.	<b>53.7 Mobility at Discharge</b> Patient's ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

# Where patients are discharged to following their hospital stay:

■ Home: 57%

Long term care (Subacute): 35%

Acute care: 8%



<sup>\*</sup>Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument



- "The doctors were readily accessible. The concerns and needs were often met at a timely basis. Great doctors. Great rehab facility."
- "Every single person I had contact with was courteous and caring from the cleaning woman to the Doctors and everyone in -between. All the nurses and aids couldn't have been more caring. All the therapists were professional and well experience. Each were patient and respectful. Everyone knew my case and made me feel very comfortable."
- "I was extremely pleased with nursing! Everyone was helpful and caring!"
- "Special thanks to nursing aides who made my stay very pleasant with their care and pleasant personalities you have a great worker here who like their jobs & do it well."
- "Both my physical and occupational therapists were excellent, making helpful suggestions about coping with my limitations."
- "My psychologist was wonderful... caring, compassionate and concerned with my mental well-being!"
- "I had first-class occupational therapists in every respect & professional, highly skilled and empathetic. NYU Rusk is fortunate to have someone of her caliber on their staff."
- "The speech therapist helped me get my speech back & my swallowing back to a soft diet. Very professional & kind."
- "I feel I got top flight health care including follow-up, at home. Every aspect of my stay exceeded my expectations The STAFF is exceptional."
- "I left Rusk Rehab feeling healthier, stronger, more determined, motivated and above all hopeful since my diagnosis."
- "From beginning to end my rehab experience could not have been better."



## Stroke Rehabilitation by the Numbers

Rusk Rehabilitation is a national leader in treating patients with Stroke. Our Stroke Specialty Program is accredited by the Commission on Accreditation of Rehabilitation Facilities. This accreditation holds us to the highest international standards in rehabilitation.

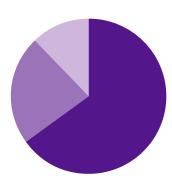
226 Patients Served in 2021	#8 Best Rehabilitation Hospital U.S. News & World Report Ranking
69 Years Average age of patients served	9.6 Change in Self-Care Change in patients' ability to care for themselves during their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*
<b>3.2 Hours Per Day Average amount of therapy provided</b> Compared to 3.0 of the Center of Medicare and Medicaid (CMS) standard.	<b>24.4 Change in Mobility</b> Change in patients' ability to move around during their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*
19.5 Days Average length of patient hospital stay	<b>30.0 Self-Care at Discharge</b> Patient's ability to care for themselves at discharge from their rehabilitation stay. This measure is scored from 0 to 42. The higher the number is, the higher the ability.*
94.2% Satisfaction of Overall care by persons served Based on Press-Ganey Inpatient Rehabilitation Survey ratings.	<b>62.3 Mobility at Discharge</b> Patient's ability to move around at discharge from their rehabilitation stay. This measure is scored from 0 to 90. The higher the number is, the higher the ability.*

# Where patients are discharged to following their hospital stay:

■ Home: 65%

Long term care (Subacute): 23%

Acute care: 12%



<sup>\*</sup>Based on Center of Medicare & Medicaid (CMS) Inpatient Rehabilitation Facility Patient Assessment Instrument



- "All the doctors were knowledgeable of my day to day progress. I felt reassured each time the doctors visited me."
- "The rehabilitation doctors were courteous, informed, professional, providing compassionate care."
- "All the nursing staff were superb, extremely attentive to all my needs, anticipated problems and very professional."
- "The nurses were amazingly patient with me even when I was a bit hard to handle. Every nurse made sure I was explained everything I was taking and when I got demanding about when I would go home, they again were patient to explain what was happening to me. There were so many great nurses. I also want to give a shout out to the Aides who were by my side since I kept trying to get out of my bed and chair. They were so patient and helpful when I couldn't help myself."
- "My primary physical therapist was quite wonderful. She always challenged, but then also complimented me on my progress, AND SHE MADE IT FUN!"
- "My PT therapists were great! They always gave me confidence & encouragement when I had my doubts about doing something."
- "The physical therapists and occupational therapist were excellent. Because of them. I was able manage the skills and strategies I needed to safely return home. They were demanding but encouraging coaches and contributed to my positive state of mind."
- "Occupational therapy was amazing. She helped me to not only do activities of daily living, she closely examined my home through photos and helped me plan the safest space for me considering my abilities. She went above and beyond to communicate with the family and help me and my family understand my limitations and my progress."
- "From the very beginning, speech therapist made sure I was aware of what I was able to eat and not eat. They made my safety my priority even when I wasn't totally happy with the food I was eating. However, they also made sure that when I was able to eat, my menu was changed. They treated me to lunch and ordered my favorite meal to celebrate my progress."
- "I am amazed you have a horticultural program. It felt good to plant a pot since I missed my garden & it made my soul feel good."
- "I could not have had a more excellent experience. This hospital is a first rate, excellent rehabilitation facility and I would absolutely recommend it to anyone."
- "My husband and I had great training before my discharge. We both felt able to go home and know we were able to manage my needs."