



Department of Neurology

# Child Neurology Residents & Recent

**Meet the current residents and recent alumni of the  
Department of Neurology's Child Neurology Residency training  
program**

# Child Neurology Residents

## Class of 2028



### Eman Hamed, MD

**Hometown:** Wall Township, NJ

**Medical school:** University of Illinois at Urbana-Champaign, Champaign, IL

**Areas of interest:**

**Hobbies:** Spending time with my 1 year old baby boy Youssef and my husband, going to the gym, hanging out with family and friends, going to the beach and walking on the boardwalk, reading and traveling.

**Why I chose NYU Langone:**



### James Belarde, MD

**Hometown:** Fountain, CO

**Medical school:** Columbia University College of Physicians and Surgeons

**Areas of interest:** Neurodevelopment, global health, neuro-palliative care, general neurology, advocacy

**Hobbies:** rock climbing, comedy writing and performance, cinema (AMC A-List member!), reading, videogames, chaotically starting short-lived new hobbies each week

**Why I chose NYU Langone:** One of the biggest draws for me was the association with Bellevue and getting to work with a large population of underserved communities who greatly benefit from the care and advocating we can do for them while training. Also drawn by the excellent care provided at NYU Langone and the incredible research in neuroscience taking place at NYU.

# Child Neurology Residents

## Class of 2027



### Kristen Yang, MD

**Hometown:** Jericho, NY

**Medical school:** CUNY School of Medicine

**Areas of interest:** Neonatal neurology, medical education

**Hobbies:** Traveling, running, tennis, bubble tea expert, amateur baker

**Why I chose NYU Langone:** Not only are the people extremely welcoming and excited to teach, but the opportunity to work with



### Michelle Goodman, MD

**Hometown:** Queens, New York

**Medical school:** Albert Einstein School of Medicine

**Areas of interest:** Sleep Neurology, neuro biotechnology

**Hobbies:** Yoga, ruminating, buying too many plants, (unofficial) food critic, sleeping

**Why I chose NYU Langone:** Being from New York, staying in a densely populated city with patients from all over the world was important to me and the ability to practice at two institutions that serve two very different populations and pathologies drew me in. NYU also provides world class training in neurology and the energy of the faculty stood out to me

# Child Neurology Residents

## Class of 2026



### Bailyn Hougue, MD

**Hometown:** Cincinnati, Ohio

**Medical school:** Case Western Reserve University School of Medicine

**Areas of interest:** Neuro-muscular, Neuro-genetics, medical education

**Hobbies:** Yoga, hiking, camping, gardening, spin

**Why I chose NYU Langone:** I chose NYU because the various clinical sites offer the opportunity to see a diverse patient population with an interesting variety of pathology.



### Lauren Smith, MD

**Hometown:** Highland, MD

**Medical school:** Campbell University Jerry M. Wallace School of Osteopathic Medicine, United States of America

**Areas of interest:** Critical Care Neurology

**Hobbies:** Running, trying new restaurants, exploring breweries and rooftops around the city

**Why I chose NYU Langone:** The programs strong reputation is undeniable but beyond this, the people are what made NYU my top choice for pediatric neurology training. Administration is incredibly supportive and leadership within the program is very involved. The location in Manhattan also provides an unparalleled diverse patient population which is essential to training.

# Child Neurology Recent Alumni

Graduated 2025-2022

## **Eliana Applebaum, MD**

**Medical School:** Rutgers Robert Wood Johnson Medical School

## **Monica Ferrer Socorro, MD**

**Medical School:** Yale School of Medicine

## **Mekka Garcia, MD**

**Medical school:** Yale School of Medicine

## **Gayatri Raj Ghosh, MD**

**Medical school:** Oakland University William Beaumont School of Medicine

## **Hillary Eichelberger, MD**

**Medical school:** McGovern Medical School at the University of Texas Health Science Center

## **Rachel Pauley, MD**

**Medical school:** Pennsylvania State University College of Medicine

## **Shelley Sisemore Varnado, MD**

**Medical school:** Louisiana State University School of Medicine in New Orleans

## **Rebecca Stainman, MD**

**Medical school:** Drexel University College of Medicine