



Department of Child and
Adolescent Psychiatry

2023-2024 Child & Adolescent Psychology Interns

Meet current interns from NYU Grossman School of
Medicine's Child and Adolescent Psychology Internship.

2023-2024 Interns

Jamie Scharoff, MA

Jamie Scharoff is currently a predoctoral intern at NYU Langone's Child Study Center and Bellevue Hospital Center. Jamie is a fifth-year doctoral candidate at Hofstra University where she received her master's degree. She has experience conducting assessments and providing evidence-based treatments to children, adolescents, adults and families across multiple levels of care and received training in various outpatient and hospital settings such as the Child and Parent Psychological Services Clinic (CAPPS) at Hofstra University, Bellevue Hospital Center on the adolescent inpatient unit, NYU Child Study Center and Columbia University's Clinic for Anxiety and Related Disorders (CUCARD) in Manhattan. Her research interests focus on adapting Parent-Child Interaction Therapy (PCIT) to be more accessible and rewarding for families with high attrition rates. She is excited to return to the Child Study Center and eager to combine her existing skills with the training opportunities provided in the internship program that will reinforce her goal of conducting empirically supported and culturally informed treatment.

Rafaella Jakubovic, MA

Rafaella "Rafi" Jakubovic is a sixth-year doctoral candidate in the clinical psychology Ph.D. program at Temple University. She graduated with her B.S. from Tulane University and subsequently worked as a research coordinator at the Massachusetts General Hospital. Her training has focused on conducting neurocognitive and psychological assessment and therapeutic intervention with diverse youth at the Children's Hospital of Philadelphia, at the Child and Adolescent Anxiety Disorders Clinic at Temple University, and within school settings. Rafi has experience with multiple evidence-based modalities, such as CBT (including ERP and TF-CBT), DBT, and ACT. She is passionate about expanding access to quality mental healthcare for families experiencing traumatic stress and chronic adversity. As an NYU-Bellevue Child and Adolescent intern, she is excited to broaden her exposure to new systems and levels of care, as well as strengthen her skills in collaborating with multidisciplinary professionals who play a role in child and adolescent development.

Olenka Olesnycky, MA

Olenka Olesnycky, MA (she/her) is a child and adolescent psychology intern with responsibilities split between the NYU Child Study Center and Bellevue Hospital Center. She is a fifth year PhD candidate in Clinical Psychology at Hofstra University where she received clinical training through the Anxiety and Depression Clinic, the Dialectical Behavior Therapy Program, and Child and Parent Psychotherapy Services Clinic. Prior to Hofstra, she worked as a research assistant in the transdiagnostic treatment lab at Boston University. Olenka completed externships at the Columbia Center for Anxiety and Related Disorders (CUCARD) in Manhattan and the Adolescent Inpatient Unit (1West) at Zucker Hillside Hospital in Queens. In these outpatient and inpatient settings, she has developed a broad foundation in the provision of evidence based psychotherapy in child, adolescent and emerging adult populations, including CBT, ERP, DBT, ACT, PCIT/PMT, and Family Systems Therapy in individual, dyad, and group formats. Olenka's research interests include assessing the impact of framing psychopathology with an evolutionary mismatch lens and examining variables that impact treatment seeking. During her internship year, she is excited to expand upon her skill set and gain further experience in working with individuals of varying levels of diversity and in varying levels of care.

Agatha Barnowski, MS, MA

Agatha "Aggy" Barnowski is currently a fifth-year doctoral candidate at the PGSP-Stanford PsyD Consortium where she specializes in working with children, adolescents, and families. Prior to pursuing her doctoral degree, she received her master's in child development from Sarah Lawrence. Her clinical interests primarily relate to treating youth with anxiety and mood disorders, traumatic stress, and disruptive behaviors. Working in a variety of settings with diverse populations (schools, community mental health clinics, the Palo Alto VA, and Stanford's Child and Adolescent Psychiatry Clinic) provided her extensive training in providing evidence-based interventions for children, adolescents, and adults. At Stanford, Aggy completed rotations in a variety of specialty clinics including anxiety, early life stress and resilience, gender, eating disorders, autism, and neuropsychological assessment. Her research focuses on better assessing complex trauma in youth and understanding the role of intolerance of uncertainty in pediatric anxiety. She is particularly passionate about increasing access to care, integrative mental health, and trauma-focused work. Aggy is excited to join the NYU-Bellevue team as a clinical intern this year to gain breadth of experience by working with diverse and medically underserved populations, collaborating with interdisciplinary teams, and working within higher-level of care settings, as well as gaining depth in delivering evidence-based interventions and psychological assessments to youth.