





THE DEPARTMENT OF RADIOLOGY PRESENTS:

NYU'S 2015 ADVANCED IMAGING OF JOINTS WITH AN EMPHASIS ON SPORTS INJURIES

Lawrence M. White, M.D., Tony Wong, M.D.

May 26-28, 2015

to Include:

Optional Workshops: Friday, May 29, 2015

- Read with the Experts: Sports Medicine Imaging Workshop 2015
- Hands-on MSK Ultrasound Workshop 2015

Donald L. Resnick, M.D., David A. Rubin, M.D., Lynne S. Steinbach, M.D., Michael J. Tuite, M.D.,

Course Description

This conference will offer a unique and innovative program in sports related injuries which is organized by body part and includes a review of relevant anatomy in each area. There will be instructional videos of actual arthroscopic procedures of the knee and shoulder with live review of the findings by the orthopedists and discussion of the correlative imaging by a radiologist. A discussion of relevant sports related pathology will then ensue. All of the major joints will be covered in this comprehensive fashion. Other current and relevant topics to be covered will include cartilage repair techniques and their appearance on imaging, imaging athletic pubalgia, common sports specific injuries, nerve entrapment syndromes and musculoskeletal ultrasound. Additional topics to be covered outside of the realm of sports related pathology will include imaging of soft tissue and bone tumors, proper technique for tumor biopsy and MR imaging of rheumatoid arthritis.

Learning Objectives

After participating in this activity, clinicians should be able to:

- Determine how best to modify imaging techniques and protocols for all areas of Musculoskeletal MRI including: hip, knee, shoulder and foot, for improved therapeutic decision making.
- Describe ultrasound guided interventional procedure, including sterile technique, contraindications to percutaneous procedures and appropriate doses of steroids, and discuss the increasing role of ultrasound in the diagnosis and treatment of musculoskeletal diseases.
- Evaluate the latest technology, focusing on magnetic resonance and the increasing importance of ultrasound in order to apply this technology to everyday practice.
- Describe safety factors as they pertain to the use of high field MRI in musculoskeletal imaging.

Read with the Experts Workshop Enrollment limited to 50 attendees

This workshop will allow the participant to read cases alongside some of the best musculoskeletal radiologists in the world. We will present challenging cases and will guide registrants through this hands-on and interactive session. Registrants will review approximately 50 cases under the supervision of these expert speakers. This intensive session will focus on developing a systematic approach to the interpretation of normal anatomy and pathology of various joints, with an emphasis on common manifestations and patterns of sports related injury. The participants will have an opportunity to see how experienced musculoskeletal radiologists, all leaders in the field, approach the cases.

Please note, personal laptops are recommended (but not required) for this workshop if the participant is interested in viewing the imaging studies in a more independent fashion.

Hands-on MSK Ultrasound Workshop 2015 **Enrollment limited to 42 attendees**

This hands-on workshop will include 5 rotating workstations divided by anatomic region and one final station dedicated to demonstration of interventional techniques. The instructors in each area will give a brief demonstration of the proper technique for evaluation of their assigned anatomy, followed by the opportunity for the participants to practice their newly acquired skills upon a volunteer or model. The participants at the interventional station will have the opportunity to practice needle guidance techniques utilizing ultrasound guidance and cadaveric specimens.

NYU'S 2015 ADVANCED IMAGING OF JOINTS WITH AN EMPHASIS ON SPORTS INJURIES

May 26-28, 2015 • Optional Workshops, May 29, 2015

Course Director

Leon D. Rybak, M.D.

Assistant Professor of Radiology Vice Chair of Operations Department of Radiology

Guest Faculty

Laura W. Bancroft, M.D.

Section Chief - MSK Program Director Radiology Residency Program Florida Hospital Orlando, FL

Christine B. Chung, M.D.

Professor-In-Residence of Radiology Director of the UCSD Musculoskeletal Imaging Research Group UC San Diego School of Medicine San Diego, CA

William E. Palmer, M.D.

Director, Musculoskeletal Imaging and Intervention Division Massachusetts General Hospital Assistant Professor of Radiology Harvard Medical School Boston, MA

Mini N. Pathria, M.D.

Professor of Clinical Radiology UCSD Medical Center, San Diego San Diego, CA

Donald L. Resnick, M.D.

Professor of Radiology Section Chief Musculoskeletal Radiology UCSD Medical Center, San Diego San Diego, CA

David A. Rubin, M.D.

Professor of Radiology Chief, Musculoskeletal Radiology Section Washington University School of Medicine St. Louis, MO

Lynne S. Steinbach, M.D.

Professor of Clinical Radiology and Orthopaedic Surgery **UCSF Medical Center** San Francisco, CA

Michael J. Tuite, M.D.

Professor of Radiology University of Wisconsin School of Medicine and Public Health Madison, WI

Lawrence M. White, M.D.

Head, Division of Musculoskeletal Imaging Professor of Medical Imaging and Orthopedics University of Toronto Staff Radiologist, Musculoskeletal Imaging Mt. Sinai Hospital Toronto, Canada

Tony Wong, M.D.

Assistant Professor of Radiology Columbia University Medical Center New York, NY

NYU/HJD Faculty

Ronald S. Adler, Ph.D., M.D.

Professor of Radiology

Luis S. Beltran, M.D.

Assistant Professor of Radiology

Jenny T. Bencardino, M.D.

Associate Professor of Radiology

Christopher Burke. M.D.

Assistant Professor of Radiology

Gregory I. Chang, M.D.

Assistant Professor of Radiology Chief, Musculoskeletal Radiology

Gina A. Ciavarra, M.D.

Assistant Professor of Radiology

Soterios Gyftopoulos, M.D.

Assistant Professor of Radiology

Laith Jazrawi, M.D.

Assistant Professor of Orthopaedic Surgery

Renata La Rocca Vieira, M.D.

Assistant Professor of Radiology

Michael B. Mechlin, M.D.

Assistant Professor of Radiology

Sandra L. Moore, M.D.

Assistant Professor of Radiology

Catherine N. Petchprapa, M.D.

Assistant Professor of Radiology

Michael P. Recht, M.D.

Louis Marx Professor and Chairman Department of Radiology

Zehava Sadka Rosenberg, M.D.

Professor of Radiology and Orthopedic Surgery

Eric J. Strauss, M.D.

Assistant Professor of Orthopaedic Surgery

Accreditation Statement

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement

The NYU Post-Graduate Medical School designates this live activity for a maximum of 28.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

 NYU's 2015 Advanced Imaging of Joints with an Emphasis on Sports Injuries

21.00 Credits

May 26-28, 2015

• Read with the Experts: Sports Medicine **Imaging Workshop 2015**

7.50 Credits

May 29, 2015

 Hands-on MSK Ultrasound Workshop 2015 6.50 Credits May 29, 2015

Disclosure Statement

The NYU Post-Graduate Medical School adheres to ACCME accreditation requirements and policies, including the Standards for Commercial Support regarding industry support of continuing medical education. In order to resolve any identified conflicts of interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships, as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty, will be fully noted at the meeting.

Target Audience

The target audience for this program will be radiologists, both in academic and private practice, seeking to increase their skills in musculoskeletal radiology, as well as orthopedists and physical medicine and rehabilitation practitioners interested in learning how imaging can best be incorporated into their practice. This course is also appropriate for trainees in these areas.

Statement of Need

NYU's 2015 Advanced Imaging of Joints with an Emphasis on Sports Injuries offers a comprehensive and intensive 3-day program in musculoskeletal radiology. There has been tremendous growth in the field of radiology and in the area of musculoskeletal imaging in particular, making it mandatory for radiologists, both in academic and private practice settings, to continually update their skills and complement their knowledge base. Maintenance of certification also requires radiologists to stay current with new advances in the field.

With the growth of radiology and the increasing importance it plays both in the diagnosis and treatment of diseases in the musculoskeletal system, it has also become imperative for practicing orthopedists and practitioners of physical medicine and rehabilitation to have a basic understanding of imaging and how it can best be used in service of the patient.

COURSE SCHEDULE

NYU's 2015 Advanced Imaging of Joints with an Emphasis on Sports Injuries, May 26-28, 2015

TUESDA	Y, N	ΛAΥ	26
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	First	

Registration and Breakfast 7:15am

Welcome 7:50am

Leon D. Rybak, M.D.

SHOULDER IMAGING

8:00am Important Anatomy of the Shoulder

Donald L. Resnick, M.D.

8:30am Arthrsocopy with MR Correlation

Laith Jazrawi, M.D. Soterios Gyftopoulos M.D.

9:00am MR Imaging of the Rotator Cuff:

Pearls and Pitfalls Donald L. Resnick, M.D.

9:30am MR Imaging of Shoulder Instability

Jenny T. Bencardino M.D.

9:50am Superior Labrum:

Anatomy, Variants & Pathology: How Do I Tell the Difference?

Donald L. Resnick, M.D.

10:10am Questions

10:20am Coffee Break

10:30am Imaging of the Post-Operative Shoulder

Lawrence M. White, M.D.

10:50am How to Incorporate Diagnostic and Interventional US into your Practice

Ronald S. Adler, Ph.D., M.D.

RAPID FIRE: SHOULDER

Biceps Pulley Lesions-Nuts and Bolts 11:10am

Michael P. Recht, M.D.

AC Joint Pathology 11:25am

Michael J. Tuite, M.D.

11:35am Frozen Shoulder

Gregory I. Chang, M.D.

11:45am **Pec Tears**

Luis S. Beltran, M.D.

Questions

12:10pm **Lunch**

ELBOW & WRIST

1:30pm Biceps & Triceps

Lynne S. Steinbach, M.D.

The Elbow in the Throwing Athlete 1:50pm

Leon D. Rybak, M.D.

Imaging of the Intrinsic Wrist

Ligaments and TFCC

Catherine N. Petchprapa, M.D.

2:30pm Pediatric/Adolescent Sports Injuries

of the Elbow and Shoulder Zehava Sadka Rosenberg, M.D.

3:00pm Finger Imaging: When and How?

Catherine N. Petchprapa, M.D.

3:30pm Questions

3:40pm Coffee Break

RAPID FIRE: ELBOW & WRIST

3:50pm Panners vs. OCD of Capitellum

Gregory I. Chang, M.D.

4:00pm Intersection Syndromes of the Wrist

and Forearm

Lynne S. Steinbach, M.D.

Gamekeeper's Thumb 4:10pm

Laura W. Bancroft, M.D.

4:20pm **Tennis Elbow**

Luis S. Beltran, M.D.

Therapeutic Interventions 4:30nm

Gina A. Ciavarra, M.D.

Interesting Elbow & Wrist Cases 4:40pm

Michael B. Mechlin, M.D.

Ouestions 4:50nm

5:05pm Adjourn

WEDNESDAY, MAY 27

NYU, 550 First Ave.

7:30am Breakfast

KNEE IMAGING

8:00am Imaging the Menisci: Pearls and Pitfalls

William E. Palmer, M.D.

Combined Ligament Injuries in Athletes 8:30am

David A. Rubin, M.D.

Extensor Mechanism 8:50am

Luis S. Beltran, M.D.

Post-Op Knee Menisci and Ligaments 9:10am

Lawrence M. White, M.D.

9:30am Live Arthroscopy with MR Correlation

Eric J. Strauss, M.D. Soterios Gyftopoulos M.D.

10:00am Cartilage Imaging: State of the Art

Michael P. Recht, M.D.

10:30am Questions

10:40am Coffee Break

RAPID FIRE: KNEE

10:50am ITB Syndrome

William E. Palmer, M.D.

Fat Pad Impingement Syndromes 11:00am

Jenny N. Bencardino, M.D.

11:10am **Cysts and Bursae Around the Knee**

Soterios Gyftopoulos, M.D.

11:20am Advanced Imaging Techniques in MSK:

The Need for Speed Michael P. Recht, M.D.

Interesting Knee Cases

Christopher Burke, M.D.

Questions 11:50am

12:05pm **Lunch**

POTPOURRI

1:30pm **Soft Tissue Tumors:**

Can We Tell Them Apart

Leon D. Rybak, M.D.

Bone Tumors: What Do I Need To Know 2:00pm

Laura W. Bancroft, M.D.

Image Guided Tumor Biopsy: 2:30pm

Tips and Tricks

Leon D. Rybak, M.D.

The Role of MR Imaging in 3:00pm

Rheumatoid Arthritis David A. Rubin, M.D.

Imaging of Stress Fractures

Mini N. Pathria, M.D. 4:00pm Questions

4:15pm Adjourn

3:30pm

THURSDAY, MAY 28

NYU, 550 First Ave.

7:30am **Breakfast**

HIP

8:00am **Imaging FAI:**

How To Do It and What Do You See?

William E. Palmer, M.D.

Athletic Pubalgia 8:25am

Mini N. Pathria, M.D.

Extraarticular Hip Imaging: 8:50am

Tendons and Bursae

Christine B. Chung, M.D.

MR of Bony Abnormalities About

the Hip: Fractures, AVN, Etc Michael J. Tuite, M.D.

RAPID FIRE: HIP

Greater Trochanteric Pain Syndrome 9:30am

Sandra L. Moore, M.D. SI Joints and Sacrum 9.40am

Christine B. Chung, M.D.

9:50am Pyriformis and Ischiofemoral

Syndromes

Gina A. Ciavarra, M.D.

10:00pm **Ouestions** 10:10am Coffee Break

ANKLE & FOOT

10:20am Ankle Tendon Sport Injuries:

What Do They Look Like and How

Should We Image Them? Michael J. Tuite, M.D.

Ankle Sprains: The Highs and Lows 10:50am

Lawrence M. White, M.D.

11:10am Advanced Imaging of Lisfranc and

Spring Ligament Injuries Zehava Sadka Rosenberg, M.D.

Ankle Impingement Lynne S. Steinbach M.D.

RAPID FIRE: FOOT & ANKLE

11:50am Plantar Fascia

Sandra L. Moore, M.D.

Morton's Neuroma 12:00pm

Renata La Rocca Vieira, M.D. 12:10pm

Metatarsalgia Gregory I. Chang, M.D.

Interesting Foot & Ankle Cases 12:20pm

Renata La Rocca Vieira, M.D. Questions 12:30pm

12:45 pm **Lunch**

MUSCLES AND NERVES

Muscle and Nerves: 2:00pm

What I Need to Know Mini N. Pathria, M.D.

David A. Rubin, M.D.

Using MRI to Help Prognosticate 2:20pm

Sports-Related Muscle Injuries

Neuropathies of Upper Extremity 2:40pm

Christine B. Chung, M.D.

Neuropathies of Lower Extremity 3:00pm Jenny T. Bencardino, M.D.

Percutaneous Treatment of Muscle 3:20pm and Nerve: When and How

Ronald S. Adler, Ph.D., M.D. 3:40pm Questions

4:00pm Adjourn

Read with the Experts: Sports Medicine Imaging Workshop

NYU Langone Medical Center - Farkas Auditorium (Main Level) 550 First Avenue, New York, NY

Friday, May 29

7:15am **Registration & Breakfast**

8:00am Elbow/Wrist

Christine B. Chung, M.D.

9:30am **Hip**

Lawrence M. White, M.D.

11:00am Coffee Break

11:15am **Shoulder**

David A. Rubin, M.D.

12:45pm **Lunch**

2:00pm Knee

William E. Palmer, M.D.

3:30pm Foot/Ankle

Jenny T. Bencardino, M.D.

5:00pm **Adjourn**

Hands-on MSK Ultrasound Workshop

Bellevue Hospital - NYSIM Center (D Building, 3rd Floor) 462 First Avenue, New York, NY

Friday, May 29

7:15am Registration & Breakfast
8:15am Welcome

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Ronald S. Adler, Ph.D., M.D.

9:00am Session 110:00am Session 2

11:00am **Session 3**

12:00pm **Lunch**

1:30pm Session 4

2:30pm Session 5

3:30pm **Session 6**

4:30pm Questions & Discussion

5:00pm Adjourn

WORKSHOP PRESENTERS

Shoulder

Renata La Rocca Vieira, M.D.

Elbow

Tony Wong, M.D.

Wrist

Catherine N. Petchprapa, M.D.

Hip

Luis S. Beltran, M.D.

Foot & Ankle

Gina A. Ciavarra, M.D.

Intervention

Ronald S. Adler, Ph.D., M.D.

Meeting Location

Advanced Imaging of Joints with an Emphasis on Sports Injuries Read with the Experts: Sports Medicine Imaging Workshop 2015 NYU Langone Medical Center – Farkas Auditorium (Main Level) 550 First Avenue, between 32nd and 33rd Streets

Hands-on MSK Ultrasound Workshop 2015 Bellevue Hospital - NYSIM Center (D Building, 3rd Floor) 462 First Avenue, between 27th and 28th Streets

Registration Information

Online registration is fast and easy. Go to **www.radcme.med.nyu.edu** or fax the registration sheet from this brochure.

Special Needs

The Post-Graduate Medical School of the New York University School of Medicine, in compliance with the legal requirements of the Americans with Disabilities Act, requests any participant of this CME course who is in need of accommodation to submit written requests to our office at least one month prior to the course date.



Hotel Information

A block of rooms has been reserved at the Affinia Dumont.

Affinia Dumont

www.affinia.com • 150 East 34th Street

(approximately 7 minute walk to NYU)

The Affinia Dumont combines a high-tech and health-conscious concept to help travelers stay productive and fit with stylish, modern suites and an on-site fitness spa. Conveniently located in central Murray Hill, the Dumont offers 242 spacious suites featuring executive workspace with modern amenities and technology such as high-speed Internet access and in-room fax/printer/copier. The hotel's health focus is emphasized by amenities such as a 3-choice pillow menu, a Fitness Concierge, in-room Fit Kits, and the Oasis Day Spa.

Rates

Studio Suites 1 Bed: \$298/night
Studio Suites 2 Beds: \$318/night
(wireless internet is included in room rate)
Discounted Suite Options also available.

Reservations

- Online: Please visit www.radcme.med.nyu.edu
- Call 1-866-233-4642 and mention
 NYU Sports Medicine 2015 Conference
- Email: reservations@affinia.com the group code **NYUMC2015** to guarantee the special group rate
- Cut-off date for accepting reservations at this rate is Wednesday, May 6, 2015
 (Book early as rooms may sell out prior to this date)

Online Registration is fast & easy. GO TO: WWW.RADCME.MED.NYU.EDU

NYU'S 2015 ADVANCED IMAGING OF JOINTS WITH AN EMPHASIS ON SPORTS INJURIES

May 26-28, 2015

Optional Workshops: May 29, 2015

Read with the Experts: Sports Medicine Imaging Workshop • Hands-on MSK Ultrasound Workshop 2015

Please Print Clearly	Methods of Payment		
	☐ Check in U.S. Dollars made payable to NYU Department of Radiology		
NAME	☐ Credit Card Payment (see below)		
	Payment by Credit Card		
ADDRESS	Bill to: 🗌 Visa 🔲 Mastercard 🔲 American Express		
CITY STATE ZIP	CARD MEMBER'S NAME (PRINT CAREFULLY)		
DAYTIME PHONE FAX	CARD #		
EMAIL (NOW REQUIRED FOR EMAIL CONFIRMATIONS)	EXPIRATION DATE (MONTH/YEAR)		
DEGREE	AMOUNT TO BE CHARGED: \$		
SPECIALTY	SIGNATURE (REQUIRED TO PROCESS)		
	Fax Form to: (212) 263-3959		
SUBSPECIALTY DIETARY RESTRICTIONS	Refund Policy • Advanced Imaging of Joints with an Emphasis on Sports Injuries An administrative charge of \$75 will be assessed for cancellations made in writing one month or more prior to the start of a course. Refunds will be possible after this date subject to a \$150 fee.		
Registration Fees (Please check appropriate boxes below) Advanced Imaging of Joints with an Emphasis on Sports Injury May 26-28, 2015 Full Fee (Physicians) \$975 per attendee	 Read with the Experts: Sports Medicine Imaging Workshop 2015 Hands-on MSK Ultrasound Workshop 2015 If you cancel your enrollment and we are able to fill your place with another physician, you will be charged a \$150 administrative fee. Cancellations will not be possible after April 30th, 2015. This is a strict cancellation penalty due to the popularity of this topic and the limited number of enrollees possible. 		
Discounted Fee* (see below for qualifications) ☐ \$750 per attendee Read with the Experts: Sports Medicine Imaging Workshop May 29, 2015	Course Cancellation Policy In the unusual circumstance that this course is cancelled, two weeks' notice will be provided and full tuition refunded. The NYU Post-Graduate Medical School is not responsible for any airfare, hotel or other costs incurred.		
□ \$750 per attendee Hands-on MSK Ultrasound Workshop 2015 May 29, 2015	Educational Needs If there is a specific question or topic relating to this course, please submit it on the registration form or on the website when registering online.		
☐ \$500 per attendee			

Where to Mail or Fax/Contact Info:

Marisa Costello

NYU Langone Medical Center Deptartment of Radiology 462 First Avenue, OBH, C&D, 1st Floor Room 4 New York, NY 10016

Fax: 212-263-3959 Phone: 212-263-0724

Optional Printed Syllabus for 3 Day Meeting

All meeting attendees will receive a USB drive uploaded with the meeting lectures. If you wish to purchase an additional printed syllabus, there is a \$40 fee and you may order this when you register for the meeting.

- ☐ **\$40** Additional Fee
- * Discounted Fees apply to NYU School of Medicine alumni, M.D.s employed by the Dept. of Veterans Affairs, full-time active military personnel, technologists, current residents/fellows, retirees, Canadian and other non-US physicians.