

The Post-Graduate Medical School of the New York University School of Medicine is committed to improving patient care through continuing medical education.



Psychiatrists and allied healthcare professionals with an interest in bipolar disorder.

# **COURSE DESCRIPTION**

Bipolar disorder is a devastating psychiatric disease associated with significant morbidity and mortality. Current epidemiology supports the estimate of 5% for the prevalence of this disorder in the general population. There is no consensus, at this point, with respect to diagnosis and treatment of bipolar disorder. Given its prevalence and the severe impact of the disorder on the patient, his or her family, and on society as a whole, improved diagnosis and more effective selection and use of medications are needed.

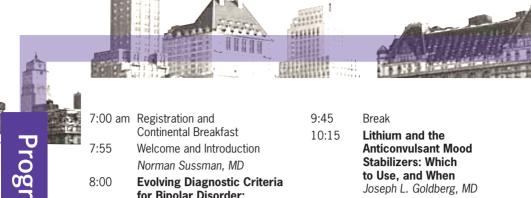
# **STATEMENT OF NEED**

This program represents a unique opportunity for clinicians to learn from and interact with a faculty of nationally recognized experts on the diagnosis and treatment of bipolar disorder. In addition to focusing on the issues surrounding the diagnostic boundaries of bipolar and unipolar disorders, the presentations will address emerging findings about the neurobiology of bipolar disorder, the long-neglected cognitive dimension of the disorder, and how these relate to treatment decisions. In terms of treatment, attendees will benefit from a review of the potential benefits and risks associated with both longstanding and newer therapeutic options, and how they compare to older mood stabilizers.

## **EDUCATIONAL OBIECTIVES**

- Describe how treatment may impact prefrontal and limbic circuitry and may decrease the risk of future structural alterations
- Explain the barriers to accurate diagnosis of patients with bipolar disorder and unipolar depression and list ways to overcome them
- Review existing bipolar disorder diagnostic guidelines and describe how emerging evidence might modify these guidelines so that they more accurately reflect clinical reality
- Discuss the importance of appropriate diagnosis in bipolar disorder patients, especially considering the alarming rate of misdiagnosis

- Evaluate the risks/benefits of therapeutic options for bipolar disorder and consider the possibility of neuroprotection in deciding to initiate treatment
- Detail the clinical implications of early pharmacologic intervention on cognition and course of illness
- Recognize the correlation between early, effective treatment of mood disorders, rates of remission, and subsequent unlikelihood of relapse and recurrence
- Review pharmacologic therapeutic options for treating bipolar disorder in terms of efficacy and safety profiles and incorporate this information to select patient-specific therapy



for Bipolar Disorder: 10.50 **Pharmacologic Profiles Differentiating Between Unipolar and Bipolar** of the New Generation Antipsychotics: **Mood States** S. Nassir Ghaemi, MD, MPH **Empirical Evidence for FDA-Approved Indications** 8:35 Structural and J. Craig Nelson, MD **Functional Changes** 11:30 Break in Bipolar Disorder: **Using Neurobiology** 11:45 Panel Discussion: Findings as a Basis for **Optimal Management Diagnosis and Treatment** of Acute States and P. Murali Doraiswamy, MD Prevention of Recurrence Moderator: 9:10 **Cognitive Dysfunction** Jerrold F. Rosenbaum, MD in Bipolar Disorder:

# **COURSE DIRECTOR**

# Norman Sussman, MD

Professor of Psychiatry Associate Dean for Post-Graduate Medical Programs NYU Post-Graduate Medical School New York, NY

An Overlooked

**Therapeutic Dimension** Joseph L. Goldberg, MD

# **NYU SCHOOL OF MEDICINE**

### P. Murali Doraiswamy, MD

Chief, Division of Biological Psychiatry Department of Psychiatry **Duke University Medical Center** Durham, NC

### S. Nassir Ghaemi, MD, MPH

Professor of Psychiatry Tufts University School of Medicine Director, Mood Disorders Program **Tufts Medical Center** Boston, MA

# Joseph L. Goldberg, MD

Clinical Associate Professor of Psychiatry Mount Sinai School of Medicine Norwalk, CT

### J. Craig Nelson, MD

12:30 pm Adjourn

Professor in Residence Department of Psychiatry University of California, San Francisco San Francisco, CA

# Jerrold F. Rosenbaum, MD

Psychiatrist-in-Chief Massachusetts General Hospital Stanley Cobb Professor of Psychiatry, Harvard Medical School Boston, MA

# **General Information**

# LOCATION

NYU Langone Medical Center Schwartz Lecture Hall, Classroom F 550 First Avenue New York, NY 10016

NYU School of Medicine is located in a predominately residential area on the east side of Manhattan.

PHOTO IDENTIFICATION IS REQUIRED TO ENTER THE MEDICAL CENTER.

ONLINE COURSE REGISTRATION PREFERRED www.med.nyu.edu/courses/cme/bipolar Applications will be accepted in order of their receipt.

Mailing Address and Contact Information Registration Office - NYU Post-Graduate Medical School P. O. Box 1855, Murray Hill Station New York, NY 10016

Phone: 212-263-5295 Fax: 212-263-5293

Please Note: We cannot accept telephone registration.

**Accreditation Statement -** The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

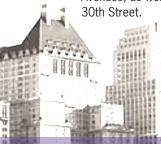
Credit Designation Statement - The NYU Post-Graduate Medical School designates this educational activity for a maximum of 3.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. To obtain CME credit, you must: (1) have your ID badge electronically scanned for attendance once each day, and (2) access our website, www.med.nyu.edu/cme, and click on the Online Course Evaluator/CME Credit Process (follow all instructions to receive instantaneous letter of credit).

**Disclosure Statement -** The NYU Post-Graduate Medical School adheres to the ACCME Essential Areas and Policies, including the Standards for Commercial Support, regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.

**Parking** - Parking is available on 29th and 30th Streets between First and Second Avenues, as well as at the Schwartz Health Care Center garage on First Avenue and 30th Street.

**Course Confirmation -** Please supply your email address to receive a confirmation letter. Written confirmation will not be mailed.

Hotel Accomodations - Rooms are in very heavy demand in New York City; we urge you to make your reservations early. You may obtain a list of hotels located near NYU School of Medicine by visiting our website. www.med.nyu.edu/cme



Special needs or requests:



### Acute and Maintenance Treatment of Bipolar Disorder: **Expert Perspectives — Course #400**

Saturday, December 13, 2008 Register online at www.med.nyu.edu/courses/cme/bipolar

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PLEASE PRINT ALL INFORMATION CLEARLY IN BLOCK LETTERS AND NUMBERS.

On site registrants will incur an additional \$20 charge and will receive a receipt

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Acute and Maintenance Treatment of Bipolar Disorder: Expert Perspectives

**December 13, 2008** 

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