

The Second Annual

LATINO MENTAL HEALTH CONFERENCE

**Meeting the Mental Health Needs of the
Latino Families & Communities**

SATURDAY

OCTOBER 4, 2008

**8am-8pm • Farkas Auditorium
NYU Langone Medical Center
550 First Avenue at 31st Street
New York City**



Jointly Sponsored by:

SCHOOL OF
MEDICINE



NEW YORK UNIVERSITY

- NYU Post-Graduate Medical School
- NYU Department of Psychiatry
- NYU Institute of Community Health and Research—Center for Latino Health
- NYU Bellevue Hospital Latino Mental Health and Treatment Program
- The New York State Office of Mental Health
- The New York City Department of Health and Mental Hygiene
- The New York City Health and Hospitals Corporation
- The New York State Assembly Committee on Mental Health, Mental Retardation and Developmental Disabilities
- The Hispanic Federation Mental Health Consortium
- The National Alliance on Mental Illness of New York City and New York State
- The Association of Hispanic Mental Health Professionals
- The American Association for Psychosocial Rehabilitation
- The New York Association of Psychiatric Rehabilitation Services
- The Council of State Governments
- The World Federation for Mental Health
- The Mental Health Associations of NYC, Westchester and New York State

Statement of Need/ Course Description

Last year, for the first time in the State of New York, a conference fully dedicated to address the serious mental health disparities affecting the New York State Latino Community was celebrated on October 13, 2007. The NYUSoM First Latino Mental Health Conference brought together health and mental health care professionals from local, national and international arenas including clinicians, academics, public health specialists, students, and administrators, as well as legislators and community leaders and advocates. The conference, attended by more than 400 persons, not only served as a forum for the exchange of information, data, and ideas, but also to invigorate the Latino healthcare provider community—locally, nationally and internationally—and to stimulate the creation of highly successful projects.

As a consequence of the rich dialogue, extraordinary feedback, and consequent initiatives resulting from the First Annual Latino Mental Health Conference, the faculty of NYU Post Graduate Medical School, the Center for Latino Health, the NYU Institute of Community Health and Research—Center for Latino Health and the NYU-Bellevue Hospital Latino Treatment Program, are organizing a Second Annual Latino Mental Health Conference: Meeting the Unmet Mental Health Needs of the Latino Communities at the NYU School of Medicine on October 4th 2008. The conference will take place in partnership with the New York State Assembly Committee on Mental Health, New York State Office of Mental Health, New York City Department of Health and Mental Hygiene, New York City Health and Hospitals Corporation, Association of Hispanic Mental Health Professionals, American Association for Psychosocial Rehabilitation, National Alliance on Mental Illness of New York State, NAMI NYC Metro, Mental Health Association of New York City, New York Association of Psychiatric Rehabilitation Services, World Federation for Mental Health and the Hispanic Federation Mental Health Consortium. All these partners, as well as other important stakeholders, agree with the importance of celebrating the Second Annual Latino Mental Health Conference: Meeting the Unmet Mental Health Needs of the Latino Communities.

The conference will include an impressive roster of physicians, health care experts, historians, researchers, media professionals, educators and community advocates who will host lectures on topics such as access, prevention, cultural competency, suicide, education, community empowerment, immigrant health, and wellness in the Latino community.

Participants will include students of medicine, psychology, social work, nursing, physicians, residents, psychiatrists,

psychologists, social workers, nurses, peers, consumers, family members, non-profit and other community-based organizations, community leaders, advocates, and others interested in Latino Mental Health. In addition to lectures by experts, many workshops and abstracts will be presented from students, educators, advocates, community and faith-based organizations, health and social services professionals, and researchers that focus on mental health disparities and on Latino Mental Health throughout the life cycle.

Abstracts that are selected will be featured during the Conference and will appear in the 2008 Second Annual Latino Mental Health Conference syllabus.

Target Audience

Students of medicine, psychology, social work, nursing, physicians, residents, psychiatrists, psychologists, social workers, nurses, peers, consumers, family members, non for profits and other community based organizations, community leaders and others interested in Latino Mental Health.

Learning Objectives

- Identify distinct mental health issues disproportionately affecting Latinos
- Reduce morbidity and mortality by providing culturally competent and responsive interventions consistent with the idioms of distress and health beliefs among Latinos
- Discuss the evidence basis for “best practices” with Latinos
- Describe the factors involved in developing cultural competence and address these clinically
- Summarize the impact of cultural and ethnic issues in the Latino community that have been proven to affect psychopharmacology
- Outline cultural, social, economic, and linguistic issues related to mental health care access and use by Latino consumers
- Explain recent innovations and promising practices for improving the quality of mental health care services for Latinos
- Optimize partnerships between consumers, families and providers in order to eliminate mental illness stigma and to promote inclusive treatment delivery models

Workshops Topics Include

- Suicide Acts, Attempts & Ideation in the Latino Community
- Empirically-based Mental Health “best practices” for Latino consumers
- Prevention, Early Detection and Mental Health Promotion
- Geriatric Issues in Mental Health in the Latino Community
- Grassroots, Consumer and Advocacy Development in the Latino Community
- Mental Health among Latino Children and Adolescents
- Addictions and Mental Health in the Latino Community
- Mental Illness Stigma in the Latino Community
- Health–Mental Health Integration
- Current Latino Mental Health Issues and Initiatives across Counties, States and the U.S.
- Policies to promote Mental Wellness

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of NYU Post-Graduate Medical School, NYU Department of Psychiatry, NYU Institute of Community Health and Research—Center for Latino Health, and NYU Bellevue Hospital Latino Mental Health and Treatment Program, as well as the New York State Office of Mental Health, the New York City Department of Health and Mental Hygiene, the New York State Assembly Committee on Mental Health, Mental Retardation and Developmental Disabilities, the Hispanic Federation

Mental Health Consortium, the National Alliance on Mental Illness of New York City and New York State, the Association of Hispanic Mental Health Professionals, the American Association for Psychosocial Rehabilitation, the New York Association of Psychiatric Rehabilitation Services, the Council of State Governments, the World Federation for Mental Health, and the Mental Health Associations of NYC, Westchester and New York State. NYU Post-Graduate Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

The NYU Post-Graduate Medical School designates this educational activity for a maximum of 7 *AMA PRA Category 1 Credits*™. Physicians should only claim credits commensurate with the extent of their participation in the activity.

Disclosure Statement

The NYU Post-Graduate Medical School adheres to ACCME Essential Areas and policies, including the Standards for Commercial Support regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.

COURSE REGISTRATION FORM

**Limited Space Available
Pre-Registration Required**

Latino Mental Health #385 • NYU School of Medicine, Farkas Auditorium • October 4, 2008

Please do not reduce or enlarge this form. • PLEASE PRINT CLEARLY IN BLOCK LETTERS AND NUMBERS

NAME _____
FIRST M.I. LAST

ADDRESS _____

CITY _____ STATE _____ ZIP _____

DAY PHONE () _____ FAX () _____

EMAIL _____

DEGREE _____ SPECIALTY _____

Register Online at www.med.nyu.edu/courses/cme/latinomentalhealth

Course Confirmation: Please supply your e-mail address to receive a confirmation letter.

Written confirmation will not be mailed. Make sure your e-mail address is clearly written.

Special Needs or Requests _____

To help fulfill your educational needs, submit a question or topic relating to this course: _____

As a voluntary disclosure in order to track participation of all stake holders, please check all boxes that apply.

☐ Language barrier ☐ Consumer ☐ Family member

***Pre-Registration by October 1, 2008 required**

Antonio A. Abad, MD

Conference Director
Director, NYU-Bellevue Latino Treatment Program
NYC Health and Hospitals Corporation
NYU School of Medicine

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Manuel Trujillo, MD

Professor and Vice-Chair, Department of Psychiatry
Director, Public and Global Psychiatry Program
NYU School of Medicine

Register Online at:

www.med.nyu.edu/courses/cme/latinomentalhealth

Submit abstracts by September 3rd to Antonio.Abad@nyumc.org



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